



CANADIAN
PARENTS
FOR FRENCH
SASKATCHEWAN

Virtual Fête du soleil

L'Halloween/Halloween

Do-It-Yourself Activity Guide

Vocabulaire/Vocabulary

1. Une araignée - A spider
2. Une maison hantée - A haunted house
3. Une citrouille - A pumpkin
4. Des bonbons - Candies
5. Un squelette - A skeleton
6. Une chauve-souris - A bat
7. Un fantôme - A ghost
8. Un chat noir - A black cat
9. Une momie - A mummy
10. Une sorcière - A witch

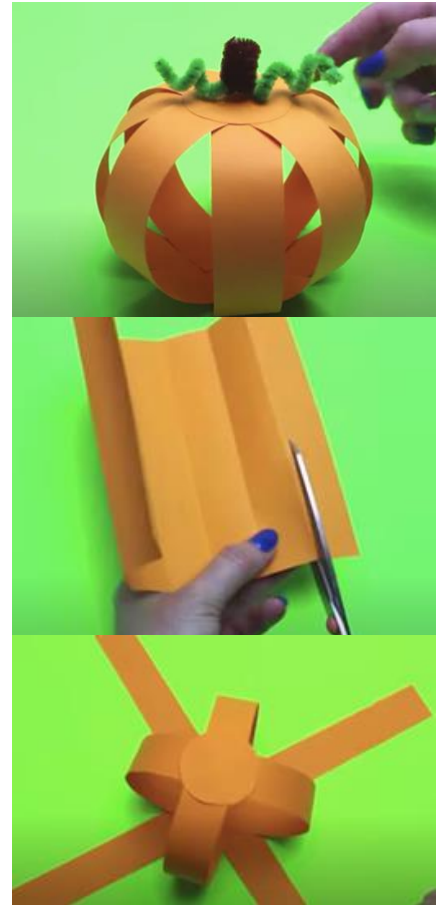
Bricolage/Craft

Une Citrouille en Papier/Paper Pumpkin

Materials: Orange piece of paper, green and brown pipe cleaner, glue, scissors

Instructions:

1. Grab an orange piece of paper and fold it in half like a book
2. Take each side and fold it into the center twice
3. Unfold it and you will now have the outline to cut 8 strips of paper
4. Using a circular object trace two circles on orange paper (for the top and bottom of the pumpkin)
5. Glue the strips of paper around the bottom circle
6. Glue the strips to the top circle
7. Grab a brown and green pipe cleaner and wrap them around a pencil to create a spiral
8. Hot glue the brown pipe cleaner near the center of the green one, and then glue them on top of the pumpkin



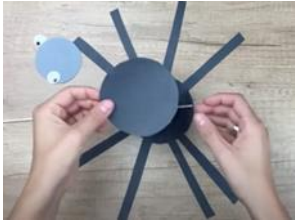
Une Araignée Bougante/Moving Spider



Materials: Black and blue construction paper, white paper, black and red marker, bamboo stick, hot glue or glue

Instructions:

1. Cut out two medium size black circles and one smaller size blue circle



2. Cut out two very small white circles and draw black on them for the eyes

3. Cut out 4 long thin strips of black construction paper



4. Place down a black circle, glue the top and place the legs over

5. Place the bamboo stick in the center and sandwich it with the other black circle



6. Glue the eyes on the blue circle and draw a face then glue the blue circle on the black circle

7. Fold all of the legs over

8. Unfold the legs and make a fold in the middle and at the end of the legs pushing up so it looks like the spider can stand

Cuisine/Cooking

Mélange d'Halloween/Halloween mix

Ingredients:

For the Sauce:

- 3/4 cup Butter melted
- 3/4 cup Brown Sugar packed
- 2 Tablespoons Vanilla Extract

For the Mix:

- 1 box Rice Chex [365g 12 oz]
- 1 bag Bugles [213g 7 oz bag]
- 4 cups Pretzels
- 1 heaping cup Candy Corn
- 1 heaping cup Candy Corn Pumpkins



- 1 bag Reese's Pieces [230g 8oz]

Instructions:

1. Preheat the oven to 275°F.
2. Melt the butter in the microwave in medium bowl or measuring cup.
3. Add the brown sugar and vanilla extract and whisk well until combined and dissolved.
4. In a VERY large bowl, add the Chex cereal, pretzels and Bugles.
5. Pour the sauce over the cereal mixture and toss gently until evenly coated.
6. Line two large baking sheets with parchment paper.
7. Divide mixture on the two baking sheets and spread in even layers.
8. Bake for 45 minutes, stirring every 15 minutes.
9. Remove from the oven and allow it to cool. Then add it to a large bowl, along with the candy corn, pumpkins and Reese's Pieces. Toss to combine.
10. Store in airtight container.

This recipe makes enough for approximately 30 portions that are 1 cup each.

Os du squelette/Skeleton Bones

Ingredients: 80 Mini Marshmallows, 40 Pretzel Sticks, 16 oz white candy melting chips

Instructions:

1. Line a baking sheet with parchment paper
2. Push a mini marshmallow on each end of a pretzel stick.
3. Melt white candy by heating in the microwave for 45 seconds, stirring and repeating until melted and smooth.



4. Using a fork, dip in white chocolate to coat thoroughly, shaking off excess, and placing on prepared sheet.
5. Place in the refrigerator for 10 minutes to set up.
6. You can optionally use a sharp knife to trim off excess chocolate than ran off.
7. Heat chocolate for another 30 seconds and stir.
8. Dip each bone again (shaking off excess) and return to tray.
9. Place in the refrigerator for 10 minutes to set.

Science/Science

Citrouille volcanique/Pumpkin Volcano

Materials: One small pumpkin, baking soda, vinegar, food coloring {optional}, dish soap, water, tray



Instructions:

1. Hollow your pumpkin out, feel free to cut out a face
2. Place a tray under the pumpkin
3. Find a container to put inside the pumpkin (perhaps a cup or a plastic bottle and a funnel)
4. Add to the container: Warm water mixed with food coloring filled to about $\frac{3}{4}$ full, 4-5 drops of dish soap, A few tablespoons of baking soda
5. Get ready for the pumpkin to erupt and add $\frac{1}{4}$ cup vinegar

Un fantôme bouillonnant/Bubbling Ghost

Materials: Light corn syrup, dish soap, bowl to mix solutions, tablespoons and measuring cups, paper cup, sharpies, straws, water

Instructions:

1. Mix 1 cup of water, 2 Tablespoons of corn syrup, and 4 Tablespoons of dish soap in the container and mix together.
2. Take your paper cups and make fun ghost faces on them! Add in a little solution and a straw. Blow a big bubble ghost tower



Fun **Bubbling** Ghost



Jeux/Games

Rouler un costume/Roll a costume



Materials: Costumes, dice

Instructions:

Each person playing has a costume laid out in front of them and a dice. The numbers on the dice represent a part of the costume. Example: 1=hat, 2=shirt, 3=pants, and so on. On the count of three, each person starts rolling the dice and races to get dressed up. First player who rolls each number and is completely dressed wins.

Dance gelée de monstre/Monster freeze dance

Materials: Music, Halloween costumes

Instructions:

Put on some Halloween tunes and have the players in their Halloween costumes boogie until the music stops and they freeze. Children who don't freeze are eliminated and the last monster standing wins.

Course de costume/Costume relay race

Materials: Costumes

Instructions:

Divide the group into two teams. Place two piles filled with dress-up items at the end of each playing area. The first player of each team runs and puts on one item from the pile. The second player has to put on that item, plus run to get a second. The third player puts on three items, and so on. First team with all of the items on wins.



Denture de vampire/Vampire teeth

Materials: vampire teeth, marshmallows, two paper plates

Instructions:

Set a timer for 1 minute. Object is to transfer marshmallows from one plate to another while wearing vampire teeth. Player with the most transferred marshmallows after 1-minute wins!



Course de Citrouille/Pumpkin Relay Race



Materials: Orange balloons, black marker

Instructions:

First team to get all of their pumpkin balloons across the finish line wins. However, players may not use their hands. The balloons can be moved with the feet or players bodies, get creative!

Corn-Pickers/Corn-Pickers

Materials: Candy corns, straws, bowl, plate

Instructions:

Players verse each other to transfer as many candy corns from a bowl to plate using only a straw. Set a timer for 1 minute. Player with the most transferred candy corns wins!



Dessiner un monstre/Draw a monster

Materials: Paper, markers

Instructions:

Choose one person to draw the monster. The other players will now take turns asking yes or no questions about the monster. Does the monster have two eyes? Is the monster green? Set a limit of questions. Based on the answers, the players try to replicate the original monster and compare them at the end. Repeat with a different person drawing. Can easily be done virtually or in person.

Course de fantôme/Ghost Relay Race



Materials: white balloons, black marker

Instructions:

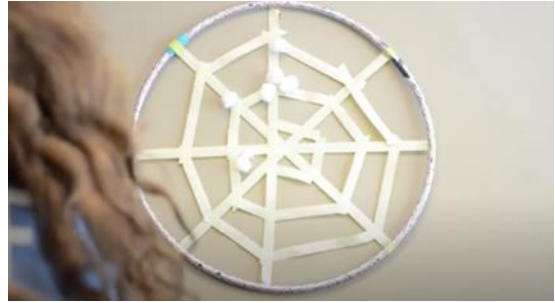
Inflate balloons and draw ghost faces on them. Teams must grab a balloon and bump it with their hand or head to the finish line and run back to the start where the next player goes. If the balloon touches the ground, you must restart. The team that finishes first claims victory. For an extra challenge, players can't use hands and must blow air to keep the balloon up.

Toile d'araignée/Spider web

Materials: Hula hoop, scotch tape, cotton balls

Instructions:

Wrap scotch tape around a hula hoop to create a web pattern. Players take turns shooting cotton balls at it. Could be turned into a competitive game or just for fun.



Les Énigmes d'Halloween/Halloween Riddles

Riddle #1

French : Je suis un corps avec une jambe, un bras et une tête, mais j'ai l'air que j'ai nu. Que suis-je?

English: I am a body with a leg, an arm and a head but I look like I'm naked and bare. What am I?

Answer: A skeleton/une squelette

Riddle #2

French : Je suis haute quand je suis jeune et je suis courte quand je suis vieux. Que suis-je?

English: I am tall when I am young, and I am short when I am old. What am I?

Answer: A candle/Une bougie

Riddle #3

French : Un zombie, une momie et un fantôme ont acheté une maison ensemble. Ils ont peur d'une salle. Laquelle?

English: A zombie, a mummy and a ghost bought a house. They are scared of one room. Which one?

Answer: The living room/le salon

Riddle #4

French : C'est quoi la musique préférée d'une momie?

English: What is a mummy's favourite type of music?

Answer: La musique rap/rap music

Riddle #5

French : Qu'est-ce que tu reçois quand tu mélanges Dracula avec un enseignant?

English: What do you get when you mix Dracula with a teacher?

Answer: Un test sanguin/Blood test

Riddle #6

French : Qu'est-ce qui est méchant, sans-abri, blanc et monte et descend?

English: What is wicked, homeless, white and goes up and down?

Answer: Un fantôme dans un ascenseur/A ghost in an elevator

Riddle #7

French : Qu'est-ce que des momies, des zombies, des vampires, des gobelins et des sorcières ont en commun?

English: What do the mummies, zombies, vampires, goblins and witches all have in common?

Answer: Le lettre "i"/the letter "i"

Riddle #8

English: How do you spell candy in two letters?

Answer: C and Y

Halloween Mots cachés/Halloween word search:

Materials: Print the template



Finissez la phrase/Finish the phrase



Materials: Print finish my phrase cards or create your own

Instructions: Two or more people will finish the phrase and for each similar answer they have, they each get a point.

Exercice/Exercise

Effectuez chaque exercice pendant 30 secondes avec un pose de 10 seconds entre les exercices/ Perform each exercise for 30 seconds and rest for 10 in between.

1. Frankenstein walk (hold arms out and kick your legs in the air)
2. Werewolf lateral lunges
3. Boo-urpees (cover face to be scared)
4. Fly like a bat and hop side to side
5. Zombie run
6. Dracula crunches
7. Thriller squats (swish side to side with arms out)
8. Zombie backwards lunges (arms out like zombie)

