



CANADIAN
PARENTS
FOR FRENCH
SASKATCHEWAN

Virtual Fête du soleil

Les Minions/Minions

Do-It-Yourself Activity Guide

Vocabulaire/Vocabulary

1. Les sœurs - Sisters
2. Des éclaireuses - Girl scouts
3. Un laboratoire - Laboratory
4. Fusil laser - Laser gun
5. Un oeil - One eye
6. Détestable moi - Despicable me
7. Les pantalons - Trousers
8. Rétrécir- Shrink
9. Une banane - A Banana
10. Le méchant Vector - Vector the bad guy

Bricolage/Craft

Minion balle anti-stress/Minion anti-stress ball



Materials: Two balloons (yellow and blue), flour, a funnel or empty plastic bottle, glue, googly eyes, markers, scissors, Popsicle stick

Instructions:

1. To make the funnel with the bottle, cut the top off with scissors
2. Place the funnel inside the yellow balloon. Add spoonful's of flour to the funnel and stuff it into the balloon with a Popsicle stick. Repeat until the balloon is right full and tie off the end.
4. Cut off the top of the blue balloon. Using a black marker, draw a thick black line all around the part that was cut. (As shown in the photo)
5. Stretch the top piece of the balloon and wrap it around the yellow balloon filled with flour with the black line at the top where the knot is.
6. Color the yellow knot that's showing black (As shown in the photo)
7. Glue one googly eye on the yellow part of the balloon
8. Draw a black line around the eye to create the "goggles". Draw a silver/grey circle around the eye to finish off the "goggles". Draw three small black lines to give the minion hair. Squeeze and Enjoy!



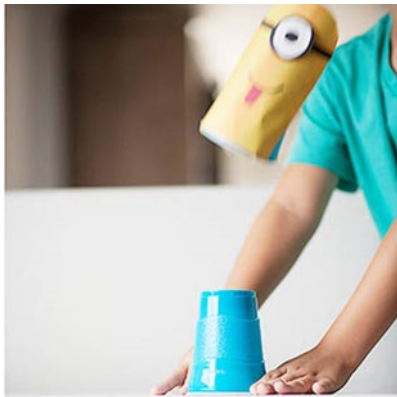
Les Minions Sauteuses/Jumping Minions



Materials: 2 plastic cups, rubber bands, hole punch, scissors, paper to draw minions or printable minion faces

Instructions:

1. First create your minion. You can cut out a yellow piece of paper and add goggles and a face or you can print out a minion face
2. Make 4 small holes with the hole punch and tie elastics bands in an "X" across the cup
3. Turn the same cup over and glue your minion to the side
4. To make them jump, push the cup with the elastic bands onto the other cup and release!



Cuisine/Cooking

Écorce de Bretzel Minion/Minion Pretzel Bark

Ingredients: Pretzel sticks, 2 pkgs yellow candy melts, blue and yellow chocolate candies chopped (m&ms), candy eyeballs

Instructions:

1. Arrange pretzel sticks in a single layer on a parchment-lined cookie sheet. You can use as many pretzel sticks as you can fit.



2. Melt the yellow candy melts according to package directions. Then, pour the melts over the pretzel sticks. Carefully spread to make sure the pretzels are somewhat evenly coated.
3. Before the melted candy hardens, add the embellishments (the eyeballs, the chopped candy, and any other decorations you'd like).
4. Place in the fridge for a few minutes to harden. Once set, break, serve, and enjoy!

La Glace de banane/ Banana ice-cream

Ingredients: 3 ripe bananas, 1 tsp vanilla extract, 3 tbsp honey, chocolate sauce and nuts (optional)

Instructions:

1. Firstly, peel the skin and slice 3 bananas
2. Transfer the sliced banana into a zip lock bag
3. Freeze for 3 hours or until it turns hard
4. Now transfer the frozen banana into mixer or food processor
5. Pulse and blend into a thick paste without adding any water or milk
6. Now add 1 tsp vanilla extract and 3 tbsp honey
7. Blend again until it turns silky smooth texture
8. Transfer the mixture into an airtight container and freeze for 3 hours. you can also serve immediately, however, the ice cream will be soft
9. Finally, enjoy banana ice cream garnished with chocolate sauce and nut



Science/Science

Des potions avec Dr. Nefario/Potions with Dr. Nefario

Materials: Baking soda, vinegar, two glass jars, yellow and blue food coloring, dish soap, bowl, glitter and gems, two paper plates

Instructions:

1. Half fill a glass jar with vinegar
2. Squeeze a bit of dish soap into each jar
3. Add a few drops of food coloring in each (for minion colors use yellow and blue)
4. Add glitters, stars, gems, anything to your jars
5. Stir both jars
6. Put paper plates under each jar
7. Take a big spoonful and put it inside each jar and watch the potion begin to foam



Des Bananes Magiques/Magic Bananas

Materials: Ripe bananas, a masher, bowl, tall bottle

Instructions:

We know minions love bananas. Are they magic enough to blow up a balloon?

1. Peel and mash one large banana in a bowl
2. Scoop out the mashed banana and put in into a tall bottle
3. Place a balloon on the mouth of the bottle
4. Put the bottle in a warm sunny spot and watch the magic



Jeux/Games

C'est si duvetueux! /It's so fluffy!



Materials: Two over-sized white t-shirts, two pink party hats (for unicorn horns but this is optional), loads of balloons

Instructions:

Divide players into two teams. One person from each team is chosen to be The Fluffy. They put on the t-shirt and the unicorn horn (party hat) and stand in the center of their team.

On the start of go the teams blow up and stuff as many balloons into the t-shirt as they can, making the Fluffy as fluffy as possible. At the end of two minutes call time and the Fluffy with the most stuffed balloons wins. You can play multiple times with different people as The Fluffy.

Le Chat Gelé/ Freeze Ray Tag

Materials: Nerf guns or water guns

Instructions:

Give each player a nerf gun or water gun (now known as a Freeze Ray) and create 2 teams. Spread out on the playing field. When the game begins, the players run and shoot at each other. When a person is hit, they will have to freeze. They must remain frozen until a teammate unleashes them by tapping their shoulder. The team with players left at the end, wins.



Bon Minion, Mauvais Minion/Good Minion, Bad Minion (Capture the Flag)

Materials: one yellow bandana, several other colored bandanas, broom handle

Instructions:

Tie the yellow bandana to the top of the broom handle and place it into the ground outside. Select three children to be the good minions who will guard their flag. The remaining children are the bad minions. They each get 2 other coloured bandanas and place one on each side of their waistbands leaving some hanging out.

The mission for the bad minions is to capture the flag of the good minions. But the good minions are trying to protect it and remove bandanas from the bad minions. If a bad minion loses both of their strips, they become a good minion and must guard the flag. The first bad minion to capture the flag rules the world. The good minions win if they turn all of the bad minions on to their side.

Voler la Lune/Steal the moon

Materials: White ball

Instructions:

Choose one player to be Gru and give them a white ball. Gru must run around and try to get away from the other players for as long as they can. The other players try to catch Gru and tag him. If a player is successful, they get the ball and become the new Gru. If the group of players is quite large you could play with several balls.

Faire ce que je dis/Do what I say

Materials: Nothing/Rien

Instructions:

The Despicable Me version of Simon Says. Choose one person to be Gru and the other players are the minions. Gru will give the minions simple commands by telling them "Gru says...(pat your head, hop on one foot, sit down, etc.). They can only follow the command IF you say "Gru says". If you don't say it and the kid follows the command they are out. Play until one kid remains.

Les pistolets NERF et le bowling/Nerf guns and bowling

Materials: Pre-made minions from pool noodles, nerf guns, ball



Instructions:

1. To make the minions, simply cut out different sizes (5-7 inches) of a yellow pool noodle and wrap strips of blue paper around the bottoms. Cut out printable minion faces and add black pipe cleaners as hair.
2. Set up the minions are fire away

while playing nerf guns or bowling!

Obtenir la Lune/Get the Moon

Materials: Bowls, cotton balls, spoons, blindfolds, paper plates (optional)

Instructions:

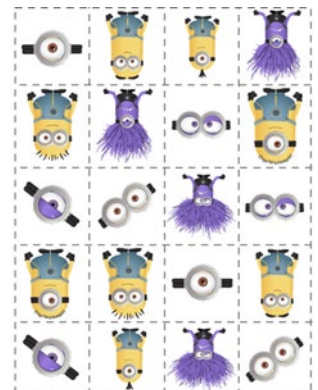
Place 20 cotton balls in one bowl and 20 in another bowl. The two players are blindfolded, and each have an empty bowl and a bowl filled with cotton balls in front of them. Give each player a spoon. Set a timer to 30-seconds and when the timer starts, they will compete to see who can scoop the most cotton balls into the empty bowl. It's not as easy as it sounds! They cannot use their other hand for assistance. When the time is up, the player with the most balls in the bowl wins. For an extra challenge the players must use their other hand to hold a paper plate or bowl on their head.

Association des Minions/Matching Minions

Materials: Printed "Minion Matching" template, scissors

Instructions:

Print and cut out "Minion Matching" template. Two or more players take turns flipping over two cards to find a matching



pair. If the player gets a pair, they keep going. If the two cards are not a pair, the next person goes. The player with the most matches at the end wins.

Exercice/Exercise

Danse de Minion/Minion Danse

Materials : nothing/rien

Instructions:

Créer une chorégraphie de danse avec la chanson: Banana Bounce par Huan Alacraz/Make your own choreograph with the song Banana Bounce by Huan Alacraz

Pour inspiration regarder/for inspiration watch:

ZUMBA KIDS - Electronic Song - Minions: <https://youtu.be/FP0wgVhUC9w>

Kids dance | Electronic Song - Minions | Exercise | Fitness:
<https://youtu.be/zJScqp8LjL4>