



CANADIAN  
PARENTS  
FOR FRENCH  
SASKATCHEWAN

## *Virtual Fête du soleil*

### **Noël/Christmas**

## **Do-It-Yourself Activity Guide**

### **Vocabulaire/Vocabulary**

1. Le Père Noël – Santa Claus
2. Un bas de Noël – A Stocking
3. Des lutins – Elves
4. Un biscuit en pain d'épice - Gingerbread cookie
5. Un traîneau – A sleigh
6. Des rennes – Reindeer
7. L'atelier du Père Noël – Santa's Workshop
8. Un sapin de Noël – Christmas tree
9. Les cadeaux de Noël – Christmas presents
10. Une canne de bonbon – Candy cane

## Bricolage/Craft

### Père Noël/Santa Claus

*Materials:* Paper plate, glue, red cardstock paper, scissors, cotton balls, popsicle stick, scotch tape

*Instructions:*

1. Cut the center out of the paper plate
2. Glue the cotton balls to the bottom of the paper plate rim to look like a beard
3. While the beard dries, cut a hat shape out of the red cardstock paper
5. Glue a line of cotton balls at the bottom of the hat and one at the top for Santa's pom
6. Glue the hat to the top of the mask and let dry
7. Tape two popsicle sticks together to make one larger stick
8. Tape the sticks to the back side of the mask, leaving enough exposed to look like a masquerade mask
9. Once the glue is dry, enjoy!



### Sapin de Noël tissé/Woven Christmas Tree

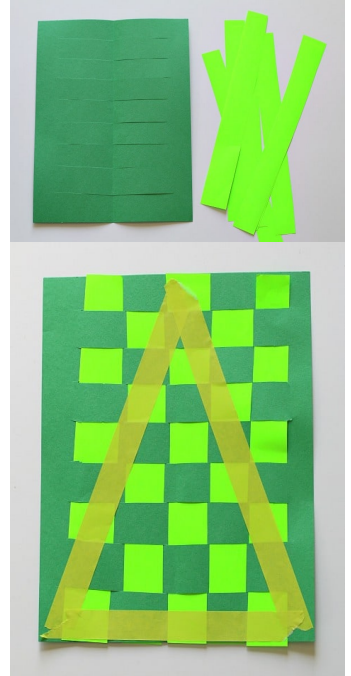


*Materials:* construction paper in contrasting green colors, brown and yellow construction paper, scissors, glue, masking tape, tissue paper/glitter (optional)

*Instructions:*

1. Fold one sheet of green construction paper in half vertically. Cut one-inch slits down the folded center. (Be sure not to cut all the way to the edge.)

2. Cut the contrasting green paper vertically into one-inch strips of paper so they are as tall as your vertical paper with slits.
3. Weave the strips through the slits in the paper.
4. Tear off strips of masking tape to create a triangular tree shape onto your woven paper. (This tape will hold the strips in place when cutting.)
5. Cut out your tree by cutting right along the center of your pieces of masking tape.
6. Flip your tree over to the front. Glue down any ends that are not secure.
7. Cut out a star from the yellow construction paper and a trunk with the brown construction paper and glue to the tree.



### Les lumières de Noël en craie/Christmas light chalk



*Materials:* Thick paper (cardstock or cardboard from cereal box), scissors, pencil, cotton balls, chalk, black construction paper, silver sharpie

*Instructions:*

1. Fold a piece of your thick paper in half and draw half a lightbulb shape (with the center of the lightbulb going down the fold)
2. Cut it out. This will be the stencil.
3. Use your silver sharpie to draw a wire for the Christmas lights on a black piece of construction paper. Draw the base of each lightbulb where you'll be placing the stencil.
4. Place your stencil on top of the first base and outline it with colored chalk.
5. Still holding the stencil in place, use a cotton ball to brush the chalk away from the stencil. Do this all the way around the lightbulb stencil.
6. Remove your stencil and admire your brilliant lightbulb! Continue using different colored chalk for each lightbulb down the wire.

## Cuisine/Cooking

### Bombe au Chocolat Chaud/Hot Chocolate Bomb



#### *Ingredients:*

- Kinder surprise egg
- Hot chocolate mix
- Marshmallows
- Milk of your choice
- Nutella (optional)

#### *Instructions:*

1. Open the kinder egg, carefully splitting it in half and take out the toy.
2. Add a spoonful of your hot chocolate mix and some mini marshmallows. You can add Nutella as well (optional).
3. Slightly melt the outside of the kinder egg. This can be done by placing half of the kinder egg upside down in a stove pan. Once the outside is slightly melted, reform the kinder egg so it hardens nicely back together.
4. Heat up some milk of your choice.
5. Place the kinder egg inside of a mug and pour the hot milk over top. Enjoy!

## Mini-gâteaux au fromage/Mini Cheesecakes

### *Ingredients:*

- wTeddy graham crackers, chocolate
- 3 Tbsp coconut oil
- 8 ounces cream cheese, low fat
- ½ container (4 oz) Greek Yogurt
- 1.5 Tbsp honey
- ½ Tbsp lemon juice
- 1 tsp vanilla extract
- Dash of salt
- 24 medium strawberries
- Whipping cream (optional)



### *Instructions:*

1. Finely crush Annie's Chocolate Bunnies in a blender or food processor and combine with melted coconut oil. Grease a mini cupcake pan and then place a heaping teaspoon of crust into each well and flatten (flatten them after you've put some crust in each well so you can disperse any extra crumbs evenly.)
2. Place in the freezer to let firm while you make the filing.
3. Combine softened cream cheese with Greek yogurt, honey, lemon juice, vanilla and salt. Mix until smooth. Spoon about 1 tbsp of filing into each well of your mini cupcake pan, then smooth out (You can use the extra filling to make the top of the Santa hat, by freezing the left over into a small bowl so you can roll them later. BUT you can use whipped cream to top off the hats instead.)
4. Place in the freezer to form for at least 15min. Use a butter knife to pop them out of your pan.
5. Top with a strawberry with the stem chopped off to make it look like a Santa hat! For the top of the Santa hat, either roll little balls of your extra filling or put a little whipped cream on top!

## Science/Science

### Une Canne de Bonbon qui dissoudre/Disolving Candy Cane

*Materials:* Four glasses, four candy canes, various solutions (cold water, warm water, vinegar, oil)

*Instructions:*

1. Fill each glass with equal amount of different solutions. Label each container. Predict which candy cane will dissolve most.
2. Place a candy cane in each glass. Observe the candy canes. The warm water should dissolve quickly, followed by the cold water, vinegar, and oil.



### Un Volcan de Neige/A Snow Volcano

*Materials:* 2 Tbsp dish soap, food coloring, ½ cup baking soda, 1-2 Tbsp warm water, vinegar

*Instructions:*

1. Put all of the ingredients except the vinegar in a plastic cup. Mix the ingredients.
2. Set the cup in the snow. Push the snow around the cup so you can't see it anymore. You want it to look like a volcano.
3. Pour vinegar in the cup and step back to watch the reaction.



### La neige fondante/Melting snow

*Materials:* Two plates, snow, salt, food coloring (optional)

*Instructions:*

1. Put a pile of snow on each plate. Pour salt only on one pile (about a tablespoon to cover the top of the snow). Feel free to add food coloring and mix it into the snow to add some color.
2. After a few minutes you can see the ice crystals melting one by one.
3. After 20 minutes, the snow with the salt should be almost completely gone and the snow without salt should be barely melted.



## Jeux/Games

### Dessiner la scène/Draw the scene

*Materials:* Paper plates (thicker paper could work too) and markers

*Instructions:*

First, grab some paper plates and markers. Players will place the plate on top of their head. One person gives drawing instructions while everyone else tries to draw the Christmas scene they describe onto the plate. The most accurate drawing wins!



### Chasse au canne de bonbon/Candy Cane Hunt

*Materials:* Candy Canes

*Instructions:* Christmas version of an Easter egg hunt: wrapped candy canes throughout the house. Can be played for fun or competitively with teams/every man for themselves.



### Rudolphe le petit renne au nez rouge/Rudolph the Red-Nosed Reindeer

*Materials:* 1-inch red pompoms, ribbon, petroleum jelly

*Instructions:* Tie a red pompom onto the end of a ribbon. Make one of these for each player. Place petroleum jelly on each player's nose. The player starts with the other end of the ribbon in their mouth. They then have one minute to attempt to swing the ribbon and land the pompom onto their nose and stick there. No hands are allowed to be used in this challenge.

### Emballage Cadeau/Gift Wrap

*Materials:* Gifts or empty boxes and wrapping paper

*Instructions:* How fast can kids wrap a present? Split the group into teams, then have them race to wrap a present. The first round should be an easy-to-wrap present, such as a box. Gradually make the presents harder to wrap without ripping the paper.

## Des Mitaines Folles/Crazy Mittens

*Materials:* Several pairs of mittens, wrapped candy (Hershey's kisses)

*Instructions:*

1. Divide the group into 2, 3 or 4 teams.
2. Line them up at one end of the room and place a set of mittens and Hershey's kisses across the room.
3. When the game says go the first kids from each team must run down to where the mittens and kisses are and put on the mittens and then take a kiss, unwrap it, eat it, take the mittens off and run back to their team, tag the next team member and then they do the same thing.
4. The relay race continues until all team members have finished the task and all are back to the starting point. If the teams are not even in numbers, then the first person must go twice. First team done wins.



## Canne de Bonbon Crochet/Candy Cane Hook

*Materials:* Bowl, lots of candy canes

*Instructions:* Players start with one candy cane in their mouth, curved side out, and use the candy cane to hook another from the pile and transfer it to a bowl – no hands allowed! Points can be awarded to players who transfer five candy canes in under one minute.



## Chapeau de Père Noël/Santa's hat

*Materials:* small red cups, pompoms



*Instructions:* The first player places one cup and one pompom on the table. The second person goes next, placing one of each. Play continues until a player can no longer place a cup and pompom on without the stack falling (similar to Jenga). That player is out. Play continues until there is only one player left. They are the winner.



## French Christmas Carols/Les Chants de Noël

Jingle Bells in French – Vive le Vent: <https://youtu.be/V-PD5iz7qdE>

O Christmas Tree in French – Mon beau sapin: <https://youtu.be/N5jDIspik18>

Rudolf the red nose reindeer in French – Le petit renne au nez rouge  
<https://youtu.be/7XKd-hqVb9c>

When Santa comes to visit – Quand le Père Noël vient me visiter:  
<https://youtu.be/cMT7T3xVzx8>

### Quand le père Noël vient me visiter

Quand le père Noël vient me visiter

Il descend par la cheminée.

Il porte des bottes noires.

HO HO HO !



Il porte des bottes noires.

Avec un pantalon rouge

HO HO HO !



Il porte des bottes noires.

Avec un pantalon rouge

Avec une ceinture noire

HO HO HO !



Il porte des bottes noires.

Avec un pantalon rouge

Avec une ceinture noire

Avec un beau manteau rouge

HO HO HO !



Il porte des bottes noires.

Avec un pantalon rouge

Avec une ceinture noire

Avec un beau manteau rouge

Avec un grand bonnet rouge



Exercise/Exercise



Do some  
Reindeer kicks



March like  
a Nutcracker



Do the teddy  
bear crawl



Stand tall  
like a tree



Hop over tall  
candy canes



Climb the stairs  
like Santa