



CANADIAN  
PARENTS  
FOR FRENCH  
SASKATCHEWAN

## *Virtual Fête du soleil*

### Petit Picasso/Little Picasso

### Do-It-Yourself Activity Guide

#### Vocabulaire/Vocabulary

1. Les couleurs primaires - Primary colors
2. Des brosses - Brushes
3. Une palette - A palette
4. Des teintes - Shades
5. Une sculpture - A sculpture
6. Un collage - A collage
7. La créativité - Creativity
8. Une gâterie - A treat
9. Des gauffres - Waffles
10. Feu d'artifice - Fireworks

## Bricolage/Craft

### La peinture Skittle/Skittle Paint

*Materials:* Big bag of rainbow-coloured skittles, clear corn syrup, five small containers

*Instructions:*

1. Separate the colors into 5 different containers
2. Pour corn syrup over top of the skittles until they are completely covered
3. Let the colors sit and come back to them once the corn syrup is coloured by the skittles. The longer you leave them the more vibrant the colors will be.
5. Give each color a good stir using a paint brush and paint away!
6. Let the paintings dry overnight and you will come back to a glossy finish



### Dessins de craie/Chalk design

*Materials:*

- Some chalk pastels or regular chalk but make sure there is a lot of colour/pigment in the chalk.
- Some paper -regular A4 printer paper works well
- A shallow tub that the paper fits in filled with around a centimetre or two of water.
- Something to scrap the chalk -plastic knives or scissors
- Somewhere flat you can lay your prints to dry

*Instructions:*



1. Begin by filling your tub with water just enough to cover the bottom of the tub.

2. Now choose a chalk and carefully but firmly scrape chalk onto the top of the water. The coloured chalk dust will float on the top of the water. Add more and more colours – a little of the chalk dust might sink, that's ok, there will still be lots floating on the top.

3. You can use a skewer to swirl and mix the colours if you like, but be quick and gentle, you want most of the chalk to stay floating on the surface of the water, if it gets too water logged it will sink.

4. Now take your piece of paper and gently place it onto the surface of the water. Use your finger tips to press the paper gently onto the top of the water. After a minute or so gently lift the paper off the top of the water to reveal your floating chalk print!

## Cuisine/Cooking

### Gauffres arc-en-ciel/Rainbow waffles



#### *Ingredients:*

- 4 c. Bisquick
- 2 c. milk
- 4 eggs
- 2 tbsp. granulated sugar
- 1 tsp. pure vanilla extract
- Red, orange, yellow, green, blue, purple food coloring
- Cooking spray, for waffle maker
- Whipped cream, for serving

#### *Instructions:*

1. Preheat the oven to 275°F.

2. In a large bowl, whisk together Bisquick, milk, eggs, sugar, and vanilla.

3. Divide batter between 6 medium bowls, and dye each bowl of batter a different color of the rainbow. Transfer each dyed batter into a piping or ziploc bag.
4. Preheat waffle maker according to manufacturer's instructions. Starting with purple, pipe a large circle around edge of waffle grate. Immediately pipe a blue circle inside the purple, and repeat process with green, yellow, orange, and red. Close waffle maker and cook until waffle is set. Carefully remove waffle from waffle maker. Repeat with remaining batter.
5. Cut waffles in half so that each semi-circle looks like a rainbow.
6. Serve waffles with whipped cream.

### **Une Gâterie Froot Loop/Froot Loop Treat**

*Ingredients:* Box of Froot Loops, 1 stick of butter, 1 bag marshmallows

*Instructions:*

1. In a pot melt 3 tablespoons of butter and 1 package of marshmallows together on low
2. Make sure to continuously stir the marshmallow mixture until it is smooth
3. Add 8 cups of Froot Loops and stir the marshmallows and cereal together completely
4. Grease a 13X9X2 pan
5. Add mixture to the pan and press down until it is evenly distributed
6. Let the treats cool and enjoy!



## Science/Science

### Les couleurs pétillantes/Fizzy colours

*Materials:* A shallow tray, baking soda, an eyedropper (or spoon), food colouring, white vinegar and some small dishes.

*Instructions:*

1. Shake a layer of baking soda into the bottom of the tray. Mix a few drops of food colouring into small dishes of vinegar. Then, using the eyedropper (or spoon), drop small amounts of the vinegar/food colouring solutions onto the baking soda and wait for the bubbles to appear!



2. The acetic acid in the vinegar reacts with the sodium bicarbonate in the baking soda to create carbonic acid. The carbonic acid then breaks down into water and carbon dioxide (which forms bubbles).

### Fue d'artifice dans un verre/Fireworks in a Glass

*Materials:*

- Water
- Oil
- Food coloring
- Tall clear glass
- Another cup or glass
- Fork



*Instructions:*

1. Fill the tall glass almost to the top with room-temperature water. Warm water is ok, too.

2. In a separate glass add a few tablespoons of oil and 4 drops of food coloring (different colors)

3. Briefly stir the oil and food coloring mixed with a fork. You want to break up the food coloring drops into smaller drops, but not thoroughly mix the liquid.
4. Pour the oil and coloring mixture into the tall glass of warm water.
5. Now watch! The food coloring will slowly sink in the glass, with each droplet expanding outward as it falls, resembling fireworks falling into the water.

### Expérience avec un crayon/Crayon experiment



*Materials:* Plastic bag, water, pencil crayons

*Instructions:*

1. Fill the plastic bag filled  $\frac{3}{4}$  of the way to the top with water and seal shut
2. Predict what will happen when you poke a pencil crayon through the bag
3. Poke the bag and see what happens!

### Jeux/Games

#### Tennis Ballon/Balloon Tennis



*Materials:* Large Popsicle sticks, paper plates, balloons

*Instructions:*

Have each player decorate their own plate. Blow up a few balloons. Play a friendly or competitive game of balloon tennis. For an extra challenge, players can try to keep the

balloon in the air for as long as possible.

## Chasse au Trésor/Color Scavenger Hunt

*Materials:* Print the scavenger hunt

*Instructions:*

Cherchent des objets qui correspondrent aux couleurs sur la page/Children search for objects that correspond to the colors on the page.



## Van Gogh aveugle/Blind Van Gogh

*Materials:* Blindfolds, paper, pencil, random objects/photos

*Instructions:*

Divide players into pairs, and have one of the players in each pair blindfolded. Give the blindfolded player a sheet of paper and a pencil. Set a timer for two minutes and show the partners (who can see) an object or photo. The seeing partner then describes the object without saying what it is while the blindfolded player tries to draw it. Each team may have the same object. When time is up, take off the blindfolds and let the "artists" see how well their drawing looks like the actual object they were drawing

## Art du pied gauche/Left foot art

*Materials:* paper, pencil

*Instructions:*

Players sit on the floor with no shoes on. Give each player a pencil and a piece of paper and have them draw a picture using their left foot.

## Téléphone Pictionary/Telephone Pictionary

*Materials:* Paper, pencils, cards with phrases

*Instructions:*

This game combines the verbal exercise of Telephone with the fun drawing game Pictionary. This game is good for any group size, as long as these groups can be broken down into smaller groups of 5-10 people each. Each person is given a long sheet of paper for every person they have in a group (5 people in the group, each person is given 5 sheets of paper). Have phrases written down on cards and have each player pick one and write the phrase on the top sheet of the paper. Then pass the entire stack to the person on their left.



That person will draw a picture representing that phrase directly below the phrase. Once their done drawing, fold the phrase behind the paper and pass to the left so the next person can only see the drawing. The person on the left will get the drawing and will write a sentence that describes that picture. This process repeats until the stacks make it all the way around the circle. The players then read out their original phrase and show everyone else what eventually became of that phrase. If you are feeling competitive, you can take a vote to see which final phrase was the closest to the original, or which phrase was the most amusing. The aim of the game isn't necessarily to get it completely right, but to see what whacky transmutations come from each time the phrase gets "lost in translation".

Phrase Ideas:

- A cow in the desert
- A spaceship made out of fruit
- A sheep dressed as a policeman
- A dinosaur playing golf
- A chicken riding a unicorn
- A man eating a carrot
- A horse riding a shark
- A dinosaur playing the guitar

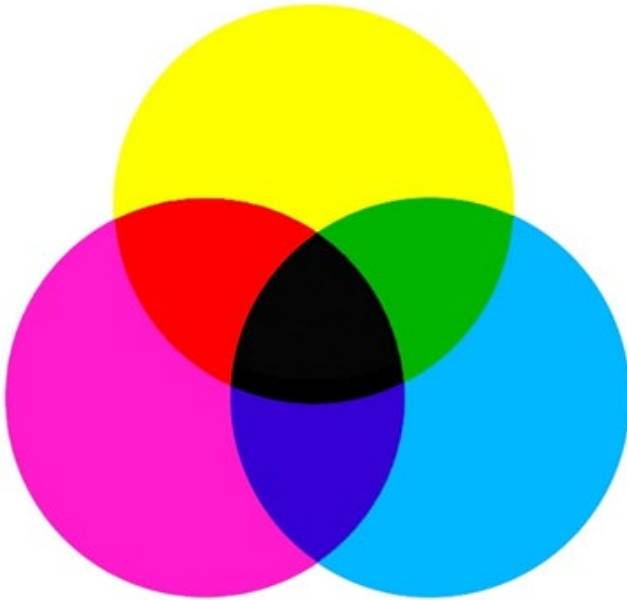


## Exercice/Exercise

Quelle est votre couleur préférée?

Choisissez vos trois couleurs préférées et faites les exercices correspondent deux fois.

Pick your three favorite colors and do the corresponding exercises twice.



Orange/Orange = 10 jumping jacks

Jaune/Yellow = 5 push-ups

Vert/Green = 20 high knees

Bleu/Blue = 10 calf raises

Rouge/Red = 5 squat jumps

Blanc/White = 15 arm circles

Noir/Black = 5 star jumps

Brun/Brown = 10 butt kickers

Rose/Pink = 5 toe touches

Violet/Purple = 5 squats

Par exemple/For example:

Three favorite colors = rose/pink, violet/purple, blue/blue

5 toe touches, 5 squats, 10 calf raises (repeat twice)