



Here is a game inspired by the Food Network Show Chopped. To play you will need a kitchen, permission from your parents, basket ingredients, other ingredients, contestants and judges.

### **How to play:**

First, see how many people you have to play the game. You can play with 3 players but it would be ideal to have 4 contestants and 3 judges. There are 3 timed rounds in chopped, the appetizer round, the entrée round, and the dessert round. Before each round, contestants are presented with basket ingredients, which must be incorporated into their dish. You can have the judges pick the basket ingredients (anywhere from 1-4 ingredients would be a good amount). To start the contest, decide who will be cooking and who will be judging.

### ***Appetizer:***

First up is the appetizer round. Typically the appetizer round can be around 30 minutes however to ease the pressure you can make the round longer or shorten it up for more of a challenge.

Next up get the judges to pick the basket ingredients for the appetizer round. These must be incorporated into the dish. Remember that you can also use other ingredients from your kitchen.

Now get cooking!

Ok times up! Now it's time for the judges to try out the appetizers. For all three rounds, (appetizer, entrée and dessert) chefs will receive a score out of ten for creativity, presentation and taste. After trying all of the dishes, the judges will tally up the scores and the contestant with the lowest score will be eliminated. If the judges don't want to keep score, they can simply eliminate the contestant who's dish they preferred the least. If you do not want to eliminate someone, alternatively, every contestant can go to the next two rounds and the final winner will be the contestant that did the best when all three rounds are accounted for.

### ***Entrée:***

So you've made it to the entrée round. Same thing with the appetizer round, in the entrée round chefs are presented with new basket ingredients. The entrée round is

usually much longer than the appetizer round so anywhere from an hour to two hours would be a good amount of time. Feel free to adjust the time constraint to a value that all of the contestants agree with. Judging criteria is the same in this round.

### ***Dessert:***

Last but not least is the dessert round. Once again, an hour or two would be good, but for an extra challenge or a simpler dessert, less than an hour should suffice. The chosen basket ingredients will be incorporated into the dessert and judging is the same.

### **The Winner:**

Once you have completed the dessert round it's time to choose your chopped champion! If you started with 4 contestants by the dessert round you should have 2 contestants left to choose from. If you chose not to eliminate contestants that's ok too. To choose a final winner the judges will take into account the contestant's performances in each round. For instance, they may decide that contestant A had the best dessert and entrée while contestant B had a great appetizer. In the end, the winner will be the chef that performed the best when all three rounds are accounted for. Just because someone's dessert was the best does not necessarily mean they are the champion as the other contestant may have had a better appetizer and entrée round.

Once the judges choose a winner, announce the chopped champion! Maybe the winner can even get a prize!

### **Tips:**

- The goal is to have fun and make good food.
- If time is almost up and the chefs have not finished their dishes, consider extending the time limit.
- You do not necessarily have to eliminate contestants; it's entirely up to you.
- Feel free to modify the game!
- If you want to make more complex dishes, consider making longer time limits for each round.
- If you have less time make simpler dishes with shorter rounds. Remember to have fun, play fair, and enjoy the dishes.

Example baskets. Choose 1-4 ingredients.

**French Tip: Name each basket ingredient in both French and English. Search up the name of the ingredient if you do not know the name.**

### ***Appetizer:***

#### **Basket 1:**

1. Baguette

Une Baguette

2. Balsamic Vinegar
3. Tomato
4. Tuna

Le vinaigre balsamique  
La Tomate  
Le Thon

**Basket 2:**

1. Kale
2. Bread crumbs
3. Shrimp
4. Cheese

Le chou Kale  
Des miettes (f)  
De Crevettes (f)  
Le fromage

**Basket 3:**

1. Red peppers
2. Chives
3. Potato
4. Spinach

Des poivrons rouge (m)  
De ciboulette (f)  
Une Pomme de terre  
L'épinard (m)

**Entrée:**

**Basket 1:**

1. Chicken
2. Pineapple
3. Cilantro
4. Baguette

Le Poulet  
Des Ananas (m)  
La Coriandre  
Une Baguette

**Basket 2:**

1. Romaine Lettuce
2. Olive oil
3. Tofu
4. Strawberry

La laitue romaine  
De l'huile d'olive (f)  
Le Tofu  
La Fraise

**Basket 3:**

1. Canned chicken noodle soup
2. Lentils
3. Carrots
4. Oregano

La Soupe de poulet aux vermicelles  
Des lentilles (f)  
Des Carottes (f)  
Le Origan

**Dessert:**

**Basket 1:**

1. Cream Puffs
2. Whipped Cream
3. Skor Bar
4. Cake mix

Des choux à la crème  
La crème fouettée  
Le chocolat Skor  
Préparation pour un gâteau

**Basket 2:**

1. Orange
2. Ice Cream
3. Grapes
4. Chocolate

Une orange  
La Crème glacée  
Des raisins (m)  
Le chocolat

**Basket 3:**

1. Zucchini
2. Chocolate
3. Whipped Cream
4. Lemon

Une Courgette  
Le chocolat  
La crème fouettée  
Un Citron