



CANADIAN  
PARENTS  
FOR FRENCH  
SASKATCHEWAN

## *Virtual Fête du soleil*

### Conte de fée/Fairy Tale

### Do-It-Yourself Activity Guide

#### **Vocabulaire/Vocabulary**

1. Un prince - A prince
2. Une princesse - A princess
3. Un dragon - A dragon
4. Un château - A castle
5. Un géant - A giant
6. Une fée - A fairy
7. Une licorne - A unicorn
8. Une forêt enchantée - An enchanted forest
9. Un sort - A curse
10. Un haricot magique - A magic bean

## Bricolage/Craft

### Dragon crachant le feu/Fire Breathing Dragon

*Materials:* scissors, gluestick, 1 toilet paper roll, 2 pom poms, 1 piece of construction paper, 2 googly eyes, 3 scraps of tissue paper (red, yellow and orange)

*Instructions:*

1. Cut a piece of construction paper to be the exact length of your paper roll. Spread glue from a glue stick onto one side of the paper. Line up the ends of the paper with the ends of the paper roll, then wrap the paper around the roll so it's completely covered.
2. Using a glue gun or glue dots, attach one of the googly eyes to the middle of one of the larger pom poms. Repeat for the second googly eye and second larger pom pom. These will be your dragon eyes (you should have two eyes). Attach each of the dragon eyes to one end of the paper roll.
3. Attach the two smaller pom poms near the other end of the paper tube to make the dragon's nose.
4. For the fire, cut scraps of red, yellow and orange tissue paper to be long pointy strips, about 9" or 10" long. Spread some glue from a glue stick onto the straight end of one of the strips of tissue paper, then attach it to the inside of the paper roll under the dragon's nose. Repeat, and keep gluing tissue paper to the inside of the paper roll as you work your way around the roll.





## La rose de belle et la bête/Beauty and the Beast Rose

**Materials:** clear plastic cup, tape, green pipe cleaners, tissue paper, glitter

**Instructions:**

1. For the leaf, fold the pipe cleaner in half and then about an inch down from the fold pinch the pipe cleaner and twist it round so it makes a leaf shape. Then unfold the pipe cleaner so it makes a stem with a leaf.
2. Taking your tissue paper poke the end of your pipe cleaner through the middle of it. You can add as many layers as you like. When you have enough layers slightly fold them in on themselves so that you create that flower shape. Your flower is now complete.
3. Take those 2 plastic cups and in one of them pour the glitter. You can also add a couple of cut-out petals to this as well to create the idea that the enchanted rose is losing its petals. Lace the rose into this cup and then put the second cup on top to seal it in. Stick the tape along the joining rims of the cups to keep them together.
4. Shake the container to disperse the glitter.

## Cuisine/Cooking

### Pain de fée/Fairy Bread

**Ingredients:** bread, 6 oz cream cheese, 2 table spoons of sugar and sprinkles

**Instructions:**

1. Mix the cream cheese and sugar.
2. Cut the crust off of the bread.
3. Using a rolling pin, roll the square bread pieces until they are thin.
4. Place a thin layer of the sugary cream cheese on top of the square bread.



5. Pour rainbow sprinkles on top.
6. Take the sprinkled bread and roll it into a slightly tight spiral shape.



### **Écorce de licorne/Unicorn Bark**

*Ingredients:* white chocolate, neon coloured food colouring, unicorn inspired sprinkles

*Instructions:*

1. Melt white chocolate chips in large bowl.
2. Once melted break down into smaller bowls so you can color your chocolate. Keep one bowl of white, the rest turn into pretty pastel shades.
3. Add 1-2 drops of food coloring into your chocolate and mix well.
4. Pour your melted white chocolate onto a piece of parchment paper.
5. Spread it out to about the thickness you would like your bark to be.
6. Pour your colored chocolates onto the corners.
7. Use the dull edge of a knife to create a nice swirl effect between the colors of chocolate.
8. Quickly (before your chocolate starts to firm up) add your toppings to your chocolate.

## **Science/Science**

### **Cultiver un haricot dans un bocal/Grow a Bean in a Jar**

*Materials:* an empty jar, cotton balls, a dry bean, water and a sunny window

*Instructions:*

Begin by wetting several cotton balls and placing them into a jar. You want the cotton balls to be wet but not too saturated. Wedge a bean between the cotton balls and the glass of the jar so that your child can easily observe the bean growing. It is now time to watch & observe. Add a few drops of water to the cotton balls as needed.

## **Potions de fée pétillantes/Fizzing Fairy Potions**

*Materials:* baking soda, vinegar, dish soap, food colouring, glitter, a small glass jar

*Instructions:*

First, fill the jar half way with vinegar, then stir in a spoonful of your chosen colour. Next add a big squeeze of washing up liquid and a liberal helping of sparkly confetti. Then add in a spoonful of baking soda and start to stir. The potion will bubble and froth, fizzing out over the jar and making a gorgeous, sparkly mixture!

## **Jeux/Games**

### **Gardien du dragon/Dragon Keeper**

*Materials:* Blindfold

*Instructions:*

One child is a dragon keeper. He sits on the floor in the middle of the room with the dragon at his feet. His objective is to prevent the dragon from being taken. The rest of the players are trying to steal the dragon. Their start point is at the end of the room. The game goes much better in our house when only one person at a time tries to steal the dragon when the keeper is a child. However, when an adult is the keeper, it's actually more fun when all the kids try to retrieve the dragon at the same time. They can start by discussing their strategy and combining their efforts. The attacker(s) needs to tiptoe or crawl over to the dragon keeper, and as quietly as possible steal the dragon. The blindfolded keeper has to use his ears to the maximum to detect any action coming his way. He can stop an attacker by saying her name "Mary!" or "Stop!" or by pointing at her. At this point, Mary must return to the starting point, and it's another player's turn. The player who steals the dragon becomes the next dragon keeper.

### **Tag des fees/Fairy Freeze Tag**

*Instructions:*

This game requires one player to be the good fairy and one to be the bad fairy. Give a fairy wand to each of these two. The bad fairy's wand has the power to freeze while the good fairy's wand has the power to unfreeze. The rest of the players run around the play space, trying not to get tagged by the bad fairy's wand. When a player does get tagged, she must freeze in place. The good fairy's job is to try and unfreeze any frozen

players (by tapping them with a wand) without being caught by the bad fairy. If the good fairy is tagged, they become a bad fairy.

## **Sleeping Beauty**

*Materials:* music

*Instructions:*

Sleeping Beauty pricks herself on a spindle and she sleeps for 100 years; the castle is turned to stone. The children dance as long as the music plays. When it stops they are not allowed to move. The person that moves or wobbles is out of the game.