



CANADIAN
PARENTS
FOR FRENCH
SASKATCHEWAN

Virtual Fête du soleil

L'art/Art

Do-It-Yourself Activity Guide

Vocabulaire/Vocabulary

1. Une roue de couleur - A colour wheel
2. La peinture - Paint
3. Maquillage du visage - Face paint
4. Un pinceau - A paintbrush
5. Un artiste - An artist
6. Un musée d'art - An art museum
7. Une toile - A canvas
8. La craie - Chalk
9. Les marqueurs/feutres - Markers
10. Page à colorier - Colouring Pages
11. Dessiner - Drawing
12. Crayons de couleur - Pencil crayons

Bricolage/Craft

Arc-en-ciel avec la peinture duveteux/Fluffy Paint Rainbow



Materials: cardstock paper, white glue, food colouring, shaving cream, paint brush

Instructions:

1. Pour a generous amount of the white glue into a small bowl or container.
2. Add an equal amount of shaving cream to the bowl.
3. Add a few drops of food colouring to the mixture. Keep in mind, that as the puffy paint dries, the colour will get darker, so don't be too worried if it looks too light at this point.
4. Stir the mixture together.
5. Repeat the process for as many colours as you'd like.
6. Paint the fluffy paint onto the cardstock paper in the shape of a rainbow.

L'art avec le ruban/Tape Resist Art

Materials: canvas or thick white paper, paint or markers, painter's tape

Instructions:

Using the painter's tape, create a design on the paper or canvas. Make sure that the painter's tape is stuck to the canvas or paper so that paint can't get under it. With paint or markers, fill in the spaces that are not covered in paint. If using paint, let it dry completely. Carefully peel away the tape to see the design created.



La peinture éclaboussure/Splatter Paint

Materials: Runny paint in cups, paper (or poster board or bed sheet), cardboard, spoon or brush

Instructions:

1. Set up paper/canvas on cardboard.
2. Dip paint brush or spoon in paint then flick your wrist to splatter paint across the paper.
3. Continue until you're happy with the painting. Let dry.

Cuisine/Cooking

Un sandwich de fromage fondu arc-en-ciel/Rainbow Grilled Cheese



Ingredients: two slices of bread, food coloring, shredded mozzarella cheese, butter or margarine

Instructions:

1. Begin by placing each of the cheeses into separate small bowls. Add a few drops of all-natural food coloring to each bowl and stir until the coloring is even throughout. Add each cheese, in tight color coordinating rows, on top of 1 slice of bread. Add the top piece of bread and butter both sides of the sandwich.
2. Grill the sandwich in either a panini press or a cast iron skillet over medium heat until both sides of the bread are golden brown and the cheese has melted; about 5-10 minutes. Let the sandwich rest for 30 seconds then cut perpendicular to the colored rows to achieve rainbow effect.

Des pâtes arc-en-ciel/Rainbow Pasta

Ingredients: 1 lbs dry spaghetti or linguini or other pasta, food colouring, 1 cup shredded Parmesan cheese

Instructions:

1. Cook pasta al dente according to package instructions.
2. While pasta is cooking, combine about 2 tablespoons of water and 20 drops of food coloring in a large zip-top pastic bag. Repeat with however many additional colors you would like.
3. When pasta is finished cooking, transfer pasta to a large collander to drain. Then immediately rinse it in cold water to halt the cooking.
4. Transfer the pasta in even portions to the prepared zip top bags and seal. Use your hands to carefully combine the pasta and food coloring, and then let each bag sit for at least 1 minute to soak up the color.
5. Then, one color at a time, transfer a bag of pasta back to the collander and rinse with cold water to remove any extra food coloring. Then transfer the pasta back to your original pot. Repeat with the remaining colors of pasta. Toss all of the colors of pasta together to combine the colors.
6. PARMESAN CLOUDS: To make the Parmesan clouds to accompany the pasta, preheat your oven to 350°F. Then, on a baking sheet lined with a Silpat or parchment paper, place about 2 tablespoons of shredded Parmesan cheese in a flat circle. You can use a cookie cutter to help you shape the circles, if desired. Bake for 4-5 minutes until the cheese is melted and the edges just begin to brown, then remove and let sit for at least 2 minutes. Peel off and serve.



Science/Science

L'eau en arc-en-ciel marchant/Rainbow Walking Water

Materials: small jars or clear cups, paper towels, food coloring, water

Instructions:

1. Set your two identical glasses about 2 inches apart. Pour water into one of the cups until it's halfway full.
2. Add a few drops of your favorite food coloring to the water.
3. Stir the food coloring until the water is one color.
4. Take a strip of paper towel and fold it until it's 1 to 2 inches wide.
5. Place one end of the paper towel strip into the colored water and the other end into the empty glass. Let them sit for one hour.
6. Return to the glass and observe what happened.

If you want to take this experiment to the next level, you can take on the rainbow edition. Place seven cups two inches apart each. Then, follow these instructions:



1. Fill the 1st, 3rd, 5th, and 7th cup halfway with water.
2. Add five drops of red food coloring to the 1st and 7th cup.
3. Add five drops of yellow food coloring to the 3rd cup.
4. Add five drops of blue food coloring to the 5th cup.

For this experiment, you need six sections of paper towel. Follow the same protocol as steps four and five from the above directions. Leave the cups alone for one hour, then return to make your observations.

Jeux/Games

Pictionary/Pictionary

Materials: paper, pencils, cards with what the picturist has to draw

Instructions:

Once the card is drawn, the picturist has 5 seconds before they must begin to sketch. After the 5 seconds are up the timer is set to 1 minute and the picturist sketches their clues. Note, sketches cannot contain letters or numbers. All players guess in the first round and have a minute to do so.

Group Art

Materials: paper, crayons, markers

Instructions:

Give everyone a pencil and paper and describe an object for them to draw. They are to follow what YOU are drawing. Example:

Ex:

- “Draw a square.
- Now draw an oval in the upper right-hand corner of your paper...”
Continue drawing a giving directions.
- Compare their pictures to yours and see how accurate they were.
- A variation on this is playing connect-the-dots on the chalkboard.
- The first person draws two dots and a line connecting them.
- Each person adds a dot and draws a line from one of the previous dots to his dot to make a design.

Concours de peinture/Paint-Off

Materials: paper, paint

Instructions:

Try to paint each other within a limited amount of time.

Dessine par touche/Draw by feel

Materials: paper, tape, markers or caryons

Instructions:

One person has paper taped to wall in front of them and has paper taped on their back. Person behind them draws something and they have to try to draw what they feel

Dessine avec moi/Draw with Me

Materials: paper, pencils or markers

Instructions:

One person draws a picture without showing they others. Once there are done, they continue to keep it hidden from the others. The other participants must ask 'yes or no' questions to determine what is in the drawing and try and recreate what they think the drawing is. Once all items in the drawing have been asked about. Everyone shows their drawing to see who was the closest to the original drawing.