



CANADIAN
PARENTS
FOR FRENCH
SASKATCHEWAN

Virtual Fête du soleil

Les montres/Monsters

Do-It-Yourself Activity Guide

Vocabulaire/Vocabulary

1. Méchant - Mean
2. Gentil - Friendly
3. Les yeux - Eyes
4. Les griffes - Claws
5. Une queue - A tail
6. Un monstre de mer - A sea monster
7. Un camion monstre - A monster truck
8. Les dents - Teeth
9. Les jambes - Legs
10. S'enfuir - To run away
11. Les cornes - Horns

Bricolage/Craft

Monstres à fil/Yarn Monsters

Materials: yarn, foam paper, scissors, hot glue, googly eyes, stickers, beads, pipe cleaners,

Instructions:

1. Make a pompom by wrapping yarn around the widest part of your hand at least 100 times. Mix colors or use all one color.
2. Cut a 6" piece of yarn (a different colour of yarn can help to distinguish the tie holding it together so that it doesn't get cut). Carefully slide the wrapped yarn from your hand and pinch the middle together so that there are loops at each end. Tie tightly into a double knot. It should look like a figure '8'.
3. Cut the loops of yarn and shape to the desired size. Be careful to not cut the yarn in the middle holding it together.
4. Using foam paper, cut out feet, arms, etc. and glue them using hot glue. Add googly eyes, stickers, beads, and pipe cleaners as desired to create your monster.



Monstre de bâton de popsicle/Popsicle Stick Monster



Materials: popsicle sticks, glue, googly eyes, scissors, construction paper, markers

Instructions:

To start off we used colored popsicle sticks for this craft but if you had plain ones on hand you could paint them too. Take a few of them and lay them out side by side till you get the desired size of the monster then glue a stick on the back diagonal. From there on just get creative!

Cuisine/Cooking

Maïs soufflé de monstre/Cookie Monster Popcorn

Ingredients:

1 bag microwave popcorn, 2 cups white chocolate chips, 1 tsp canola or vegetable oil, blue food colouring, 1½ cups mini Chips Ahoy, 1½ cups mini Oreos, Candy eyes (optional)

Instructions:

1. Pop the popcorn according to package instructions. Set aside.
2. Combine the white chocolate chips and vegetable oil in a small, microwave-safe bowl and heat in 20-second intervals, stirring in between, until fully melted. Stir in the blue food coloring.
3. Place the popcorn in a large bowl—being careful to exclude any kernels—and add about half of the blue chocolate mixture. Stir, adding more chocolate, until the popcorn is coated.
4. Stir in Chips Ahoy and Oreos. Spread onto a baking sheet in an even layer and top with candy eyeballs and crushed cookies.
5. Chill in the refrigerator for 20 to 25 minutes before serving.



Trempepette biscuit/Cookie Monster Dip

Ingredients: 6oz softened cream cheese, 2 tbsp softened butter, ¼ plus 2 tbsp peanut butter, 2 tbsp powdered sugar, 2 tbsp brown sugar, ½ tsp vanilla extract, pinch of salt, 1 cup old fashioned rolled oats, ½ cup M&M's, ½ cup mini chocolate chips, pretzels, graham crackers

Instructions:

1. Combine cream cheese, butter, peanut butter, powdered sugar, brown sugar, vanilla, and salt in a

medium bowl. Beat with an electric mixer until the mixture is smooth and fluffy.

2. For toasted oats (optional), heat a large nonstick skillet over medium heat. Add oats and toast, stirring occasionally, until the oats begin to turn golden and smell nutty, about 5 minutes.

3. Fold in oats, M&M's, and chocolate chips. Serve with pretzels and graham crackers for dipping.

Science/Science

Créer un monstre/Create a Monster

Materials: baking soda, vinegar, food colouring, balloon, empty plastic bottle, markers

Instructions:

1. Start by making your monster balloon. Blow the balloons up but instead of tying it shut, secure it with a pipe cleaner. This way you can easily let the air back out. You could try to draw on it while it's deflated, but it is easier to draw on it this way. It also keeps the drawing dark whereas if you drew it on while it was little, it tends to get faded when blown up.

2. Pour about a half of a cup of vinegar into the plastic bottle. You can just eyeball it. Add a few drops of food coloring.

3. Add 2-4 teaspoons of baking soda into the balloon.

4. Fit the balloon over the opening of the bottle.



La boue de monster/Monster Slime

Materials: ½ tbsp baking soda, 1 tbsp contact lens solution, 4 fl oz white school glue, food colouring



Instructions:

1. Find a bowl, cup, or plate to mix your slime in.
2. Pour out the entire contents of a 4oz of Elmer's school glue into the bowl.
3. Add $\frac{1}{2}$ TBSP of baking soda and mix.
4. After mixing, add your choice of food coloring.
5. Mix and/or add more food coloring until you get the color you want.
6. Add 1 TBSP of Contact solution.
7. Mix until slime forms and it begins to get harder to mix.
8. Take the slime out and begin kneading with both of your hands.
9. If needed, add $\frac{1}{4}$ TBSP Contact solution to make the slime less sticky.

Jeux/Games

Rouler un monster/Roll a Monster

Equipment: dice, paper, pencils

Instructions:

Each number on the dice is equivalent to one part of the monster. Each person rolls the dice and draws the corresponding part of the monster for the number they rolled. Everyone gets a limited number of rolls.

Les choses ne sont pas ce qu'elles semblent être/Things Are Not As They Seem

Equipment: objects from around the house

Instructions:

Several household articles - cutlery, hair pins, plastic jewellery etc. Each child must choose an object, study it and make up a story about it. The story must

not be typical of the object, but must be a new and different use for it. Example, (Hairbrush) this may look like a hairbrush but what it really is a toothbrush for a giant. Since there are no giants left in the world and haven't been for some time, there are very few of these toothbrushes remaining.

Ficher l'oeil sur le monstre/Pin the Eye on the Monster

Equipment: blindfold, paper eyes with tape on the back, a monster without an eye

Instructions:

Tape the eyeless monster to the wall. Each player is blindfolded and must try to put an eye on the monster.

Biscuit de front à bouche/Face the Cookie

Equipment: cookies

Instructions:

Get the cookie from your forehead to your mouth.

Exercice/Exercise

Course de Big Foot/Big Foot Race

Equipment: empty shoe boxes or boxes of similar size

Instructions:

Tape the shoe box so that the lid doesn't rise up. Cut a hole in the top of the box large enough to fit your foot into the box, but not too large when your foot slides out. Try racing around your house or around your yard with the "big feet".