



CANADIAN  
PARENTS  
FOR FRENCH  
SASKATCHEWAN

## ***Virtual Fête du soleil - Episode 10***

### **Star Wars**

### **Activity Guide**

#### **Vocabulaire/Vocabulary**

1. La galaxie – The galaxy
2. Un sabre laser - A lightsaber
3. Un vaisseau spatial – A space ship
4. Un chevalier Jedi – A Jedi knight
5. La force – The force
6. Le côté sombre – The dark side
7. Un clone – A clone
8. Un pilote – A pilot
9. Un héros/une héroïne – A hero
10. La rébellion – The rebellion
11. L'empire – The empire

## **Bricolage/Craft**

### **Bébé Yoda/Baby Yoda**

*Materials:* brown paper bag, green and pink paper, white paper, markers, scissors, glue, Baby Yoda template

*Instructions:*

1. Cut out the Baby Yoda template (print it on green paper if possible).
2. Glue the pink ear pieces onto the green ears.
3. Glue the completed ears onto the paper bag.
4. Glue the Baby Yoda face onto the bag.
5. Use a green marker to draw his nose.
6. Cut out two larger white circles and two smaller white circles for the eyes and glue them onto the black outlines of the eyes.
7. Draw his coat and other details such as his wrinkles.

### **R2-D2**

*Materials:* R2-D2 template, coloured paper, scissors, glue

*Instructions:*

1. Cut out the R2-D2 template and glue it on a sheet of coloured paper for the background.
2. Cut out the shapes and pieces that make up R2-D2 and glue them onto the R2-D2 template to give him his features.

## **Cuisine/Cooking**

### **Le lait bleu/Blue Milk**

*Ingredients:* 2 cups vanilla flavoured sweetened almond or rice milk, Blue Gatorade or Glacier Ice Gatorade Powder, 1 cup Glacier Ice frozen into cubes, blue food colouring

*Instructions:*

\*You must make the Gatorade ice at least 5 hours before you want to serve the blue milk. For a quick version of this recipe, you can use regular ice and then increase the amount of Gatorade Power by 1/2 scoop.

1. Pour in blue Glacier Gatorade into the ice cube trays. Put them in the freezer to get solid.
2. Place 2 cups of sweetened vanilla rice milk in a blender.
3. You need about 1.5 cups of ice to make the Star Wars Blue Milk smoothie consistency.
4. Pour one scoop of the Gatorade Glacier Ice powder into the blender. The Galaxy's Edge version of blue milk claims to have a berry flavor. This Gatorade powder has a hint of berry flavor as well, so it is a pretty good match!
5. Add about 4 drops of blue food coloring to the blender.
6. Blend everything together until it is nice and smooth. Pour into a glass and enjoy!

**Biscuits de Wookie/Wookie Cookies**

*Ingredients:* ½ cup butter, 2 cups sugar, ½ cup whole milk, 4 tbsp unsweetened cocoa powder, pinch of salt, ½ cup peanut butter, 2 tsp vanilla, 3 cups quick cooking oats, 1 cup sweetened coconut

*Instructions:*

1. Add the Butter, sugar, milk, cocoa powder and salt to a saucepan.
2. Bring to a rapid boil and let boil for 1 minute.
3. Remove from heat.
4. Stir in the peanut butter and vanilla extract until smooth, then stir in the oats and coconut.
5. Using a medium cookie scoop (or 2 tablespoonfuls), drop onto parchment paper.
6. Let cool until set, about 30 minutes

## **Science/Science**

### **Les sabres laser/Lightsabers**

*Materials:* glitter glue, glowsticks, empty plastic water bottle, tape preferably black tape

*Instructions:*

1. Fill the plastic bottle about  $\frac{1}{2}$  full of glitter glue. You can also use clear glue and add food colouring.
2. Fill the remainder of the bottle with water. Screw the lid on and shake the bottle to mix the glue and water.
3. Unscrew the lid and add glowsticks of your choice.
4. Screw the lid back on and decorate the bottle by adding (black) tape to resemble a lightsaber.

### **Secourir Han Solo/Rescue Han Solo**

*Materials:* ice cube tray, baking soda, vinegar, water, Lego Star Wars minifigure

*Instructions:*

1. Mix 3 parts baking soda with 1-part water. If desired, add Jello powder to scent and color the mixture.
2. Pour a small amount of the mixture into the bottom of the ice cube tray.
3. Place one Star Wars toy into each section.
4. Cover each toy up with more of the baking soda and water mixture.
5. Place the ice cube tray into the freezer for a few hours.
6. Remove the "carbonite"-encased figures and place in containers.
7. Add vinegar to save Han Solo and his Star Wars buddies.

## **Jeux/Games**

### **Ruse mental de Jedi/Jedi Mind Trick**

#### *Instructions:*

Have someone pick a number between 1 and 10. Next get them to add 10 to their number, then subtract 1, add 5, and finally subtract their original number. The answer will always be 10.

### **Jeu Jar Jar Binks/Jar Jar Binks Game**

*Equipment:* sticky stretchy hands, candies (preferably small)

#### *Instructions:*

Participants sit in a circle with the candies in the middle. Using their sticky stretchy hand, they must gather as many candies as they can.

### **Un duel des Sabre Laser/A Lightsabers Duel**

*Equipment:* pool noodles

#### *Instructions:*

Like the game "3, 2, 1, Ninja" but instead of using your hands to combat the other players. In this game you use pool noodles to imitate Star Wars Lightsabers.

### **Utiliser la force/Using the Force**

*Equipment:* pool noodles or Lightsabers, balloons

#### *Instructions:*

Use your pool noodle or Lightsaber to keep the balloon from touching the ground.

### **Qui suis-je?/Who Am I?**

*Equipment:* cards with Star Wars characters

*Instructions:*

One person picks a card and they must show it to the other players without looking at it. This can be done by taping it to their forehead where they can see it but the remaining players can see it. They ask the other questions to help guess which character they have. They can only ask 20 questions before they must guess the character.

## **Exercise/Exercise**

### **Exercises Jedi/Jedi Exercises**

Instructions: Do each exercise for 30 seconds with 15 seconds of rest between each exercise.

- Squats with lightsaber jabs
- Lunges with lightsaber jabs
- Boat Pose with twists
- Side lunges with lightsaber jabs
- High knee to side lunge with side lightsaber jabs
- Sit-ups with light saber jabs