



CANADIAN
PARENTS
FOR FRENCH
SASKATCHEWAN

Virtual Fête du soleil - Episode 16

Au cirque/At the Circus

Activity Guide

Vocabulaire/Vocabulary

1. Un clown - A clown
2. Une acrobate - An acrobat
3. Une tente - A tent
4. Un spectacle - A show
5. Un monocycle - A unicycle
6. La barbe à papa - Cotton Candy
7. Un jongleur - A juggler
8. Un lion - A lion
9. Un éléphant - An elephant
10. Un cerceau - A hoop

Bricolage/Craft

Le maïs soufflé/Popcorn

Materials: construction paper, cotton balls, popcorn bucket template, glue, yellow food colouring, pipette or eye dropper, yellow marker

Instructions:

1. Cut out the popcorn bucket and glue it to a piece of construction paper.
2. Glue cotton balls to the top of the popcorn bucket and on the construction paper so that it look like the bucket is full of popcorn. You can tear the cotton balls in half if you want.
3. Add a few drops of yellow food colouring to water and using a pipette or eyedropper drop the yellows water onto the cotton balls. You can use a yellow marker to add 'butter' to the popcorn (cottons balls). This is will give the popcorn (cotton balls) the look that they are covered in butter.

Lancer les bagues/Ring Toss

Materials: 4 large paper plates, scissors, markers, 3 small paper plates, 4 toilet paper tubes, paper towel tubes, hot glue, paint

Instructions:

1. Glue two paper towel tubes together end to end using hot glue. Glue one paper towel tube to a toilet paper tube end to end using hot glue.
2. Glue the three lengths of tubes to the small paper plates. This will create the base of each targets for the ring toss.
3. Paint each target a different colour.
4. Cut the center of each paper plate out and colour them each a different colour.

Cuisine/Cooking

Maïs soufflé du cirque/Circus Popcorn

Ingredients: 1 bag of popcorn of choice, 12 oz white chocolate chips, 2 tbsp sprinkles

Instructions:

1. Pop the popcorn according to the directions on the bag. Pour into a medium size bowl and set aside.
2. Place the white chocolate chips into a microwaveable bowl. To melt the white chocolate set the microwave to 50% power and heat for 1 minute. Continue heating in 30 second increments at 50%, stirring after each time. This will prevent the chocolate from burning. Chocolate will be completely melted after about 2 and a half minutes of heating.
3. Pour the melted chocolate over the popcorn and stir gently to coat all of the popcorn in the chocolate.
4. Pour the popcorn out onto a baking pan covered in wax paper, sprinkle, and place in the refrigerator for about 5 minutes to allow to cool and the chocolate to set.

Churros

Ingredients: 1 cup water, 8 tbsp butter, $\frac{1}{4}$ tsp salt, $\frac{3}{4}$ tsp cinnamon, $1\frac{1}{4}$ cups all-purpose flour, 3 eggs, $\frac{1}{2}$ cup vegetable or canola oil, $\frac{1}{2}$ cup sugar

Instructions:

1. Combine water, butter, salt, and $\frac{1}{4}$ teaspoon of cinnamon in medium size saucepan over medium heat. Bring to rolling boil.
2. Once boiling, reduce heat to low. Add flour and stir vigorously until mixture forms a ball of dough. Remove from heat and let cool for 5-7 min.
3. Add eggs to the dough, one at a time, and stir until fully combined. Set aside.
4. Heat oil in medium skillet or 1-quart saucepan over medium-high heat or until temperature reaches 350°.

5. Spoon the dough into a piping bag fitted with large star tip. Pipe 1-inch strip of dough over saucepan, cut with knife, and drop into hot oil. Repeat until churro bites fill saucepan with room to fry.
6. Fry churros until golden brown. Remove with slotted spoon or mesh strainer and place churro bites on paper towel.
7. Mix sugar and $\frac{1}{2}$ teaspoon cinnamon in medium bowl. Toss in churro bites until coated. Place on serving plate.

Science/Science

Maïs soufflé sautant/Dancing Popcorn

Materials: clear glass container, popping corn, $2\frac{1}{2}$ - 3 cups water, 2 tbsp baking soda, 6 tbsp vinegar, food colouring (optional)

Instructions:

1. Fill your jar with water and add a couple drops of food colouring.
2. Add your baking soda and stir well until it is all dissolved.
3. Add a small handful of popping corn kernels.
4. Add the vinegar and watch the corn start to hop up and down!

Arc-en-ciel de M&M/M&M Rainbow

Materials: plate, M&M, hot water

Instructions:

1. Spread M&Ms out into a circle shape in the middle of the plate.
2. You can experiment with trying different shapes, multiple layers of candy, and placing the candy in different locations on the plate.
3. Carefully pour a thin layer of hot water under the M&Ms. Pour just enough water to cover the bottom of the plate.
4. Watch as the colors spread across the plate.

5. The most fascinating thing about this experiment is that if you don't bump the plate or table, the colors will stay in their own lanes.

6. It makes a colorful rainbow but does not mix.

Jeux/Games

Lancer les bagues/Ring Toss

Equipment: rings and target that were made in the Ring Toss Craft

Instructions:

Throw the rings and try to get them to hit the targets. The tallest target is worth 5 points, the middle target is worth 3 points, and the shortest target is worth one point. See who can get the most points.

Chercher les vers en gelée/Find the Gummy Worms

Equipment: pie plate or paper plate, gummy worms, whipped cream

Instructions:

Put three gummy worms in the bottom of the pie plate and cover with whipped cream. Each person has to find the gummy worms in their pie plate and each them without using their hands.

Une course de pyramide/Pyramid Race

Equipment: plastic cups that stack easily (red solo cups work well)

Instructions:

Each person gets 15 cups and must stack them so that they make a pyramid. The first person to stack and unstack their pyramid wins.

Les ballons en forme d'animaux/Balloon Animal Challenge

Equipment: balloon pump, balloons

Instructions:

An animal is called out and the person has one minute to create that animal as a balloon.

Maquillage de clown/Clown Makeup

Equipment: facepaints

Instructions:

Without using a mirror, draw yourself into a clown.

Exercice/Exercise

Mouvements du cirque/Circus Movements

Instructions:

Do each of the circus movements for 20 seconds with 5 seconds of rest between each exercise.

- Tightrope walking
- Running and juggling
- Pounce like a lion
- Squat and juggle
- Climb to trapeze
- Swing from trapeze
- Jump and running in place
- Arm and leg out on knees
- Balance on one foot and try to touch toes