



CANADIAN
PARENTS
FOR FRENCH
SASKATCHEWAN

Virtual Fête du soleil - Episode 18

Danse et Disco/Danse and Disco

Activity Guide

Vocabulaire/Vocabulary

1. Le limbo - Limbo
2. Le ballet - Ballet
3. Une boule disco - A disco ball
4. La danse claquettes - Tap dancing
5. Partenaire de danse - Dance partner
6. Une soirée de danse - A dance party
7. Un photomaton - A photo booth
8. Un bâton lumineux - A glow stick
9. Une coupe afro - An afro
10. Patins à roues alignées - Roller skates

Bricolage/Craft

Une microphone/A microphone

Materials: paper towel or toilet paper tube, styrofoam ball, aluminum foil, construction paper, scissors, hot glue, white glue

Instructions:

1. Cut tube to the desired length you want for your microphone handle.
2. Cover the tube with paper.
3. Cover the Styrofoam ball with aluminum foil. Wrap the foil tightly around and cut off any extra. Smooth it out with your fingers.
4. Decorate the handle of your microphone. Use extra pieces of paper to decorate the handle. You can create buttons to make it look more realistic, or just have fun with patterns and shapes.
5. Glue the foil covered ball onto the handle. Apply hot glue around the rim of the tube, lay the ball on top and hold until secure.

Les accessoires photomaton/Photo Booth Accessories

Materials: accessories template in colour or black and white, scissors, glue, wooden skewers, markers

Instructions:

Print the template in black and white and colour the accessories how you want them or print the coloured template. Cut of each item and glue it to a wooden skewer.

Cuisine/Cooking

Les bretzels disco/Disco Pretzels

Ingredients: mini pretzels, 1 lbs chocolate or candy melts, sprinkles

Instructions:

1. Melt the chocolate in a microwave or a double boiler.
2. Dip the pretzels in the chocolate.
3. Place the pretzels on a baking sheet lined with wax paper.
4. Apply sprinkles before the chocolate hardens.

Des beignets de pomme/Apple Donuts

Ingredients: 3 apples cut into ½ inch thick slices, 2 cups water, juice of 1 lemon, icing, peanut butter, sprinkles, mini chocolate chips, granola, chopped nuts

Instructions:

1. Cut small circles out in the middle of each apple slice.
2. Soak the apple rings into the water and lemon juice mixture for 5-10 minutes. Pat dry completely.
3. Slather peanut butter and/or icing over each slice.
4. Add the toppings of choice.

Science/Science

Les vibrations de la musique/Sound Vibrations

Materials: radio or other music player, large glass bowl, plastic wrap, rubber band, balls of tissue paper or popcorn kernels or sprinkles

Instructions:

1. Place a piece of plastic wrap on the top of a glass bowl and straighten as best as possible. Wrap a rubber band around the plastic wrap to hold it in place. Gently pull on the plastic wrap under the rubber band to make a very tight fit onto the bowl.
2. Crumble up a few small pieces of tissue paper, popcorn kernels, or sprinkles and set them onto the plastic wrap.

3. Place the bowl next to a speaker and play music. Are the paper/popcorn/sprinkles moving?

Turn up the volume: Now what happens?

Try another type of music: What level of volume makes the tissue paper/popcorn kernels/sprinkles move?

4. Take it one step further! Line up tissue paper balls/popcorn kernels/sprinkles and guess which will fall off first.

Vers gelées dansant/Dancing Gummy Worms

Materials: gummy worms, scissors, glass or clear plastic jar, baking soda, vinegar

Instructions:

1. Begin by cutting up a few gummy worms using scissors. This makes them small and light enough to work in the experiment.

2. Next, place bicarbonate of soda in a jar. Add water to the bicarbonate of soda and stir gently until the bicarbonate is dissolved in the water.

3. Place the gummy worms in the soda-water solution and leave them for 15-20 minutes.

4. Fill a glass or clear plastic jar with vinegar. Distilled vinegar works best for this experiment as it is clear and so you get a better view of your dancing gummy worms.

5. Use a spoon to remove the gummy worms from the soda-water and gently drop them into the vinegar.

Jeux/Games

Lancer les anneaux/Human Ring Toss

Equipment: hula hoops

Instructions:

Pair-off players and have one play the human post while the other attempts to toss the hula hoops onto them. Who can collect the most? Who can collect a certain number of hula hoops the fastest?

Concours de cerceau/Hula Hoop Contest

Equipment: music, hula hoops

Instructions:

With music providing the soundtrack, try mastering the art of hula hooping. As players work with their hula hoops, one person calls out commands such as "Stand on one foot," "Touch your head" and "Turn around." Players who drop their hula hoop exit the game. Play continues until one player remains.

Afro et Chettos/Afro and Chettos

Equipment: afro wig, popcorn or chettos

Instructions:

Give each team an afro wig. One person from each team puts on the afro wig and sits at a distance of at least six feet from their team. It will be helpful to create a line that the teams must stay behind and a place mark for the afro's to sit on. Each team gets a bowl full of popped popcorn and on the start of go one person from each team may throw three pieces of popcorn to try and land them in the afro. After each person's turn the next person on the team takes their turn. They should do this as fast as possible because after three minutes the game is over. Whichever team got the most pieces of popcorn stuck in the afro WINS!

Premier pas, dernier pas/First Move, Last Move

Materials: music

Instructions:

The first person starts and does two dance movements such as clapping hands, jumping, etc. The next person has to start their two movements with the last movement of the previous person. Each time a new player starts they must begin with the last move of the previous person. If someone messes up the chain, they are eliminated and it begins again with the remaining players.

Exercise/Exercise

Dance avec nous/Dance with us

Equipment: music

Instructions:

Put on your favourite music and have a dance party. Or do the Cha-Cha Slide along with us in the video.