



Virtual Fête du soleil - Episode 4

Le camping/Camping

Activity Guide

Vocabulaire/Vocabulary

1. Une tente - A tent
2. Une lampe de poche - A flashlight
3. Une guimauve - A marshmallow
4. Un feu de camp - A campfire
5. Le répulsif moustique - Mosquito spray
6. Le bois de chauffage - Firewood
7. Un sac de couchage - A sleeping bag
8. Un briquet - A lighter
9. Un compas - A compass
10. Un talkie-walkie - A walkie-talkie
11. Le papier hygiénique - Toilet paper
12. Le coucher de soleil - Sunset
13. Un téléphone - A telephone
14. Le printemps - Spring

15. Les souliers - Shoes

Bricolage/Craft

Un s'more/S'more

Materials: jumbo popsicle sticks, white and black paint, light brown and dark brown paper, glue, scissors

Instructions:

1. First assemble the base of your s'more friend by gluing your popsicle sticks together to look like a fence {7 next to each and two across}
2. Set aside to let it dry completely.
3. Now grab your paint, paint brush and popsicle stick base.
4. Paint the front of it completely white {the marshmallow}
5. Cut out some "graham crackers and chocolate" from the cardstock.
6. Glue the cardstock pieces to the popsicle stick design, along with drawing on a face with the remaining paint.

Une lantern/A lantern

Materials: colourful tissue paper, battery operated fake candle, 2 litre pop bottle, glue, scissors, hole punch, string

Instructions:

1. Wash the 2 liter bottles and cut off the tapered tops.
2. Cut the tissue paper into desired shapes and apply it to the dry bottles using glue on a paintbrush.
3. Optional: Decorate on top of the tissue paper using paint and/or permanent markers.
4. Punch holes into the upper lip of the cut bottles and string the wire through the holes.
5. Place the candle at the bottom of the bottle and turn it on, hang or hold the lantern, and enjoy its beauty!

Cuisine/Cooking

Une poêle s'mores/S'mores Skillet

Ingredients: ½ tbsps butter, 1¾ cup milk chocolate chips, ½ cup semi-sweet chocolate chips, mini marshmallows, graham crackers

Instructions:

1. Preheat your oven to 450°.
2. On your stovetop, heat a 10-inch skillet on low. When warm, add in the butter and once melted, use a pastry brush to coat the sides and bottom of the skillet.
3. Turn off the heat, add the chocolate chips and top with the marshmallows in a thin layer.
4. Bake on the middle rack of your preheated oven for 5 to 6 minutes or until the tops of the marshmallows is golden brown.
5. Carefully transfer the skillet to a trivet (the pan will be hot!) and serve warm with graham crackers.

S'mores Krispies/S'mores Krispies

Ingredients: 3 tbsp butter, pinch of salt, 6-7 cups graham cereal pieces (such as Golden Grahams), 3 - 1.55 oz milk chocolate bars broken into pieces, 5 cups mini marshmallows

Instructions:

1. Spray a 9" x 13" pan with cooking spray. In a large stock pot, melt the butter and salt over medium heat. Once it is melted, add 4 cups of the mini marshmallows and stir until they are completely melted.
2. Take mixture off heat and add in the cereal and stir. Add in the extra cup of mini marshmallows and stir to just combine.
3. Working quickly, pour half the mixture into the prepared pan and press down then top with half the Hershey's pips. Pour the rest of the mixture onto the chocolate and press down then top with the rest of the chocolate.
4. Allow to sit at room temperature for several hours to set up OR place in refrigerator for about an hour.

5. Remove from pan and cut into bars.

Science/Science

Une pomme de pin en feu/Fire Pinecone

Materials: Dry pinecone, Boric Acid powder, alcohol (such as rubbing alcohol) (not necessary but can be used if having trouble getting the pine cone to burn), borax (optional), copper sulfate (optional), lighter

Instructions:

Method #1: This is the quick-and-easy method of getting pinecones to burn in colors. Sprinkle a little boric acid powder onto the pinecone. Squirt a small amount of alcohol onto the pinecone. Light the pinecone.

Method #2: Dissolve the boric acid in a small amount of water or alcohol. Soak the pinecones in the colorant solution and allow them to dry. (one website says they don't have to dry)

Put the pinecone on the pavement when lighting on fire away from any other objects.

Jeux/Games

Explosion des ballons/Exploding Balloons

Materials: paper, pencils or pens, balloons, chairs

Instructions:

This game is a cool take on musical chairs that adults and kids can play together. All you do is write down a bunch of crazy actions on small strips of paper (like "snort like a pig" or "sing the national anthem backwards") and then put each strip of paper in a different balloon. Then, inflate them all. Turn on some tunes and pass the balloons from person to person. Once the music stops, all players sit on their balloons. Once a balloon pops, the player must do the crazy action from their popped balloon. You can keep playing until all the balloons have been popped.

Tag de la lampe de poche

Materials: flashlight

Instructions:

The person who is “it” is given a flashlight and shuts their eyes and counts to 30 while everyone else hides. Then they search for the other players, using the lit flashlight. If they find someone, they “tag” them by shining their flashlight on them. That new person then becomes “it,” taking the flashlight and counting to 30 while the other players hide.

Chacher et effrayer/Hide and Scare

Instructions:

As the name implies you play ‘Hide and Seek’ but with the added twist of also scaring your opponents. Get creative and use the darkness around the campfire to scare unsuspecting victims as they try to scare you. We could play that when the person hides they HAVE to close their eyes, so they don’t know when the person will scare them.

Exercice/Exercise

Préférez-vous?/Would you rather

Instructions:

10 seconds to decide, 30 seconds to exercise. Choose your favorite option between Mel and Emily. Stand on that side of the room that Mel or Emily is on. Once we start exercising, you do the exercise.

Question 1: Préférez-vous les chiens ou les chats? Do you like cats or dogs better?

Emily (Chat): genoux en haut/high knees

Mel (Chien): saute comme un kangarou/Jump like a kangaroo

Question 2: Préférez-vous lire ou jouer les jeux vidéo? Would you rather read or play video games?

Emily (lire): jumping jacks

Mel (jeu vidéo): saute et recule/long jump then backup to original spot

Question 3: Préférez-vous les hotdogs ou les hamburgers? Do you like hot dogs or hamburgers better?

Emily (hot dogs): danse du CanCan/CanCan kick dance

Mel (hamburgers): mains sur les hanches et sauter dans un cercle/hand on hips and jump in a circle

Question 4: Préférez-vous les fruits ou les légumes? Do you like fruits or vegetables better?

Emily (fruit): les alpinistes/mountain climbers

Mel (légume): sauter en place avec les genoux très hauts/ skipping

Question 5: Préférez-vous être capable de voler ou lire les pensées? Would you rather be able to fly to read people's thoughts?

Emily (voler): coude à ton genou/elbow to knee

Mel (lire): croiser les bras et botter les jambes en même temps

Question 6: Préférez-vous l'hiver ou l'été? Do you like summer or winter better?

Emily (hiver): tourner en place/twist in one spot

Mel (été): courrir lateral avec haut genou/shuffle to one side then high knee and repeat

Question 7: Préférez-vous le hockey ou le soccer? Do you like hockey or soccer better?

Emily (le hockey): donkey kicks /les coups d'âne

Mel (soccer): planche et poser les genoux au sol/plank with knee touches

Question 8: Préférez-vous la crème glacée ou le yogourt? Do you like ice cream or yogurt better?

Emily (crème glacée): Les pieds vite/running in place

Mel (yogourt): les jumpings jacks moitié/half jacks

Question 9: Préférez-vous le jus d'orange ou le jus de pomme? Do you like orange juice or apple juice better?

Emily (orange): les sautes de grenouille/frog jumps

Mel (pomme): galoper comme un cheval/gallop like a horse

Question 10: Préférez-vous le lait au chocolat ou le chocolat chaud? Do you like chocolate milk or hot chocolate better?

Emily (chocolat): les cercles avec les bras/arm circles

Mel (chaud): les bras ensemble à la droite puis à la gauche /hold your arms together in front of you and swing them across your body

Question 11: Préférez-vous les sciences ou les mathématiques? Do you like sciences or maths better?

Emily (science): pose comme un avion (un jambe en air)/airplane pose with one leg in the air

Mel (math): pose comme un arbre/tree pose

Question 12: Préférez-vous l'école à la maison ou l'école à l'école? Do you like school better at home or at school?

Emily (maison): écartez votre quadriceps échanger les cotes après 15 secondes/ quad stretch, 15 second on each side

Mel (école): écartez comme un papillon/spread out like a butterfly