



CANADIAN  
PARENTS  
FOR FRENCH  
SASKATCHEWAN

## ***Virtual Fête du soleil - Episode 5***

**Paris/Paris**

### **Activity Guide**

#### **Vocabulaire/Vocabulary**

1. La langue française - The French language
2. La Tour Eiffel - The Eiffel Tower
3. Un béret - A beret
4. La baguette - A baguette
5. La ville-lumière - The city of lights
6. L'amour - Love
7. Les Champs-Élysées - The Champs Élysées
8. La France - France
9. Une mime - A mime
10. Une moustache - A moustache

## **Bricolage/Craft**

### **La Tour Eiffel /The Eiffel Tower**

*Materials:* four templates of the Eiffel Tower, markers or crayons, tape, scissors

*Instructions:*

1. Cut out four Eiffel Towers.
2. Colour the Eiffel Towers
3. Crease each Eiffel Tower down the middle.
4. Using tape attach the Eiffel Towers together to create a standing 3D tower.

### **Chapeau français/French Hat**

*Materials:* Styrofoam bowl, Styrofoam plate, paint, ribbon, glue, scissors

*Instructions:*

1. Paint the outside of the bowl and bottom of the plate and let dry.
2. Glue the bowl face down onto the center of the plate.
3. Paint a band around the hat and let dry.
4. Tie the ribbon into a bow and glue it to the band.

## **Cuisine/Cooking**

### **Les biscuits de brisure de chocolat/Chocolate Chip Cookies**

*Ingredients:* ½ cup butter, ½ cup granulated sugar, ¼ packed brown sugar, 2 tsp vanilla extract, 1 large egg, 1¾ cups all-purpose flour, ½ tsp baking soda, ½ tsp salt, 1 cup semisweet chocolate chips

*Instructions:*

1. Preheat the oven to 350 F.
2. Microwave the butter for about 40 seconds. Butter should be completely melted but it shouldn't be hot.

3. In a large bowl, mix butter with the sugars until well-combined.
4. Stir in vanilla and egg until incorporated.
5. Add the flour, baking soda, and salt.
6. Mix dough until just combined. Dough should be soft and a little sticky but not overly sticky.
7. Stir in chocolate chips.
8. Scoop out 1.5 tablespoons of dough (medium cookie scoop) and place 2 inches apart on baking sheet.
9. Bake for 7-10 minutes, or until cookies are set. They will be puffy and still look a little underbaked in the middle.

### **Les rouleaux de la tartine française/French Tartine Roll-ups**

*Ingredients:* soft white bread, cream cheese filling, strawberries, 1 egg, milk, cinnamon, white sugar

*Instructions:*

1. Cut crusts off regular soft white bread.
2. Use rolling pin to flatten pieces of bread.
3. Place filling inside towards then end; filling consists of strawberry and cream cheese (could also be Nutella).
4. Roll up all the pieces.
5. Dip in egg mixture (like that off French toast).
6. In a skillet add butter and cook rolls in skillet until golden brown on all sides (2 mins per side).
7. Then roll quickly the cooked rolls in cinnamon and sugar mixture.

## **Science/Science**

### **Allumer une ampoule/Light a Lightbulb**

*Materials:* an energy-saving lightbulb, a balloon

*Instructions:*

1. Blow up the balloon and tie it.
2. Go into a room that is completely dark.
3. Rub the balloon on your hair.
4. Move the balloon over the lightbulb without touching it. The lightbulb should give off faint light.

### **Le lait magie/Magic Milk**

*Materials:* milk, food colouring, cotton swab/Q-Tip, plate

*Instructions:*

1. Pour milk onto the plate and add drops of different colours of food colouring.
2. Add a few drops of the and see how the colours move.

## **Jeux/Games**

### **Charades/Charades**

*Materials:* charades cards with actions on them

*Instructions:*

Divide the group into two teams. Each turn one team member picks a charade card and must act out the actions on the card for their other team members to guess. Their team members have 30 seconds to guess the actions that their team member is acting out.

### **Singe au milieu/Monkey in the Middle**

*Equipment:* ball or another item to throw

*Instructions:*

Two or more players must pass a ball to one another, while a player in the middle attempts to intercept it. Once the person in the 'middle' intercepts the ball, they change places with the person who threw the ball.

### **Lancer la baguette/Baguette Toss**

*Equipment:* item to throw, preferably something that doesn't bounce too much

*Instructions:*

Set a line which each thrower must stay behind when throwing. Each person has one turn to see how far they can throw the baguette (or other item). The person who throws the baguette the farthest wins.

### **Exercice/Exercise**

#### **Exercices avec la musique/Exercises with Music**

*Equipment:* music

*Instructions:*

While the music is playing, do the following exercises and when the music stops that exercise is finished. Play the music for 30 seconds.

- Jump on one foot
- Crisscross Apple Sauce
- Downward dog
- Plank with toe touches
- Skipping
- Butt kicks