



**CANADIAN  
PARENTS  
FOR FRENCH  
SASKATCHEWAN**

## ***Virtual Fête du soleil - Episode 9***

### **Les pirates/Pirates**

### **Activity Guide**

#### **Vocabulaire/Vocabulary**

1. La jambe de bois - A wooden leg
2. Le navire - A ship
3. Un perroquet - A parrot
4. Un cache-œil - An eye patch
5. Une épée - A sword
6. Une longue-vue - A telescope
7. Le pavillon - A flag
8. Le canon - A cannon
9. Le crochet - A hook
10. Un coffre au trésor- A treasure chest

## **Bricolage/Craft**

### **Un chapeau de pirate/A Pirate Hat**

*Materials:* paper or newspaper

*Instructions:*

1. Fold the paper in half along the long edge.
2. Fold both corners of the paper down. They will meet in the middle.
3. Fold the brim of the hat. You will do this by folding the bottom of the hat upwards.

Optional: Put a couple of pieces of clear tape on each of the flaps and brim folds on the hat. This will prevent the hat from coming apart.

### **Un navire de pirate en papier/A Paper Pirate Ship**

*Materials:* paper

*Instructions:*

1. Fold the paper in half.
2. Fold both corners of the paper down so they meet in the middle.
3. Create a fold in the open lip.
4. Repeat the same fold on the other side.
5. Fold the corners of the lip upward.
6. Repeat on the other side. You should have a triangular-shaped paper.
7. Gently separate the lower part of the triangle. Separation of the part automatically bring the other corners of the triangle closer. This results in the formation of a square shaped paper structure with two lower corners.
8. Fold the lowest corner to the horizontal middle line.
9. Separate the lower lips gently and bring the corners to the middle.
10. Open the upper part of the corners to make the boat.

11. Gently expand the boat's sides to make it stand up right.

### **Main en crochet/Pirate Hook**

*Materials:* paper cup, cardboard, aluminum foil, markers, paint (optional)

*Instructions:*

1. Fold the cardboard in two and cut a hook out of it.
2. Glue the two halves of the hook together, leaving approx. 2 cm (3/4 inch) unglued at its bottom end.
3. Fold those unglued ends outward, you will glue them to the cup later on.
4. Wrap the hook in aluminum kitchen foil and attach it to the cup, gluing the flaps you made in the previous step to its bottom.
5. Make holes in the cup for better ventilation.
6. Decorate the cup using markers or paint.

### **Cuisine/Cooking**

#### **Navire de pirate gelée/Jello Pirate Ship**

*Ingredients:* 4 oranges, 2 boxes of Jello (any flavor), 2 cups boiling water, 1 cup cold water, colourful paper, toothpicks

*Instructions:*

1. Cut the oranges in half.
2. Using a spoon, scoop out the fruit of the oranges, leaving the peel intact. Place empty orange peels on a muffin tin to stop them from falling over.
3. In a medium bowl, combine one box Jello mix with 1 cup boiling water and whisk to combine. When the mix is dissolved, stir in 1/2 cup cold water.
4. Transfer to a liquid measuring cup and fill half of the oranges. Repeat process with remaining ingredients.

6. Refrigerate until the Jello is firm, about 4 hours.
7. Meanwhile, make toothpick sails. From the colorful paper, cut out small triangles and rectangles as sails and skewer them onto toothpicks, using 1 triangle and 1 rectangle per sail. (Depending how thick your paper is, you may want to pierce holes with a needle first to prevent the paper from tearing.)
8. Slice each orange into wedges, then stick a toothpick sail into the Jello.

### **Boules de cannon Oreo/Oreo Cannonballs**

Ingredients: 15 Oreo cookies, half a block of softened cream cheese, white chocolate, milk chocolate

Instructions:

1. Crush the OREO cookies.
2. Mix the crumbs with the cream cheese until well blended.
3. Use a cookie scoop to measure out about 1.5 TBSP of the cookie mixture and roll each scoop into a ball. Place Oreo balls on a parchment or wax paper lined cookie sheet.
4. Freeze the balls for about 20-30 minutes before dipping.\*
5. Melt the candy coating or melting chocolate in the microwave for about 1 minute 20 seconds. Stir gently until smooth, returning to the microwave in 15 second increments, if needed.
6. Dip each ball in the chocolate and place back on lined pan.
7. Place 2 TBSP white chocolate in one sandwich bag and 2 TBSP dark chocolate in another. Microwave for 30 seconds. Gently massage the bag. Snip a tiny corner of the bag and drizzle opposite chocolate onto each Oreo ball. Remove cream filling from reserved Oreo cookie. Place cookies in a bag and smash. Sprinkle each Oreo Ball with cookie crumbs.

### **Science/Science**

#### **Navire en carton/Cardboard Pirate Ship**

*Materials:* cardboard, duct tape, scissors,

*Instructions:*

Each person is given cardboard and they must make a boat that floats.

### **Huile et l'eau/Water and Oil**

*Materials:* tall clear glass or jar, water, food colouring, oil, small objects

*Instructions:*

Fill half the glass with water and add a few drops of food colouring. Add oil on top of the water. The oil will stay on top of the water. Drop the objects in one by one to see if they will end up in the water or in the oil.

### **Jeux/Games**

#### **Pile ou face/Heads or Tails**

*Materials:* coin

*Instructions:* Flip the coin. Everyone guesses what they think it will be when it lands. If you think it will be 'pile(tails)' place your hand on your hips. If you think it will be 'face(heads)' place your hands on your head.

#### **Maquillage de pirate/Pirate Make-up**

*Materials:* facepaints

*Instructions:*

Without using a mirror, draw yourself into a pirate. Add a pirate headband, eye patch, moustache, facial hair and a scar.

#### **Passez la balle de canon/Pass the cannon ball**

*Materials:* water balloons

*Instructions:*

In teams of two, pass the water balloon between each partner. For each successful catch, each partner takes a step back. If the water balloon bursts on the ground, that team is eliminated.

### **Coule ou flotter/Sink or float**

Materials: a large clear plastic container filled with water, objects to drop in the water

Instructions:

For each item put into the water, each person guesses whether the object will 'Coule(Sink)' or 'Flotte(Float)'. The person with the most correct guesses wins the game.

### **Exercice/Exercise**

#### **Exercice de pirate de 5 minutes/5-Minute Kickboxing Pirate Workout**

Instructions:

Do 10 reps of the following exercises with 10 seconds of rest when indicated.

- Pirate Jabs
- Hook Punches
- Upper Cuts
- Rest
- Kicks
- Squats with kicks
- Lunges
- Rest
- Jumping Jacks
- Jumping Jacks with Jabs
- High Knees
- Side Stretch for 10 seconds on each side
- Arm Stretch for 10 seconds on each side
- Deep Breaths for 10 seconds